

# Promoting personal recovery from psychosis: A randomised controlled trial in first episode schizophrenia

<b>Submission date</b> 23/01/2004	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 23/01/2004	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 28/01/2010	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
RGC00447

## Study information

## Scientific Title

### Study objectives

The objective of the study is to evaluate whether a form of cognitive therapy (recovery intervention) is an effective intervention to promote personal adjustment to psychosis and reduce depression, trauma and other characteristic negative consequences of psychosis.

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Primary study design

Interventional

### Study design

Randomised controlled trial

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Schizophrenia and other psychoses

### Interventions

1. The intervention group will receive cognitive therapy over a 6 month period
2. The control group will receive treatment as usual

### Intervention Type

Other

### Phase

Not Applicable

### Primary outcome(s)

1. Post-psychotic depression, suicidal ideation (Calgary scale)
2. Symptoms of Post Traumatic Stress Disorder (Impact of Events scale)
3. Adaptation to psychosis
4. Particularly perceived control over psychosis

### Key secondary outcome(s)

Not provided at time of registration

### Completion date

01/05/2003

## Eligibility

**Key inclusion criteria**

Patients conforming to International Statistical Classification of Diseases and Related Health Problems, Tenth revision (ICD-10) schizophrenia or related disorder

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

01/05/2001

**Date of final enrolment**

01/05/2003

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

North Birmingham Mental Health NHS Trust

Birmingham

United Kingdom

B6 5UG

**Sponsor information****Organisation**

NHS R&D Regional Programme Register - Department of Health (UK)

# Funder(s)

## Funder type

Government

## Funder Name

NHS Executive West Midlands (UK)

# Results and Publications

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/06/2009		Yes	No