

An audit to examine the effectiveness of information and counselling strategies in relieving caregiver stress in caregivers of patients with dementia

Submission date 30/09/2005	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 30/09/2005	Overall study status Completed	☐ Protocol
Last Edited 20/04/2015	Condition category Nervous System Diseases	☐ Statistical analysis plan
		☐ Results
		☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

N0124148627

Study information

Scientific Title

An audit to examine the effectiveness of information and counselling strategies in relieving caregiver stress in caregivers of patients with dementia

Study objectives

Does enhanced carer counselling improve the quality of life, relieve caregiver stress and improve clinical practice, compared with routine counselling?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Nervous System Diseases: Alzheimer's disease

Interventions

Patients will be randomised into two groups. One will receive routine counselling and the other enhanced. Groups assessment results will be compared.

Intervention Type

Behavioural

Primary outcome(s)

Zait Burden interview (caregiver)

Key secondary outcome(s)

Medication use/Medication Resource Use (Patient and Caregiver)

Completion date

30/06/2006

Eligibility**Key inclusion criteria**

100 newly diagnosed patients with Alzheimer's disease and their caregivers referred to the memory clinic.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Senior

Sex

All

Key exclusion criteria

Any concomitant medical condition in patient/carer which would confound interpretation of impact of Alzheimer's disease

Date of first enrolment

30/07/2004

Date of final enrolment

30/06/2006

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

University Hospital Lewisham

London

United Kingdom

SE13 6LH

Sponsor information**Organisation**

Department of Health

Funder(s)**Funder type**

Government

Funder Name

University Hospital Lewisham NHS Trust (UK), NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration