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An audit to examine the effectiveness of information and counselling strategies in relieving caregiver stress in caregivers of patients with dementia

Submission date
30/09/2005

Recruitment status
No longer recruiting

Registration date
30/09/2005

Overall study status
Completed

Last Edited
20/04/2015

Condition category
Nervous System Diseases

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[ ] Results
[ ] Individual participant data
[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0124148627

Study information

Scientific Title
An audit to examine the effectiveness of information and counselling strategies in relieving caregiver stress in caregivers of patients with dementia

Study objectives
Does enhanced carer counselling improve the quality of life, relieve caregiver stress and improve clinical practice, compared with routine counselling?

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Quality of life

Health condition(s) or problem(s) studied
Nervous System Diseases: Alzheimer's disease

Interventions
Patients will be randomised into two groups. One will receive routine counselling and the other enhanced. Groups assessment results will be compared.

Intervention Type
Behavioural

Primary outcome(s)
Zait Burden interview (caregiver)

Key secondary outcome(s)
Medication use/Medication Resource Use (Patient and Caregiver)

Completion date
30/06/2006

Eligibility

Key inclusion criteria
100 newly diagnosed patients with Alzheimer's disease and their caregivers referred to the memory clinic.

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Senior

Sex
All

Key exclusion criteria
Any concomitant medical condition in patient/carer which would confound interpretation of impact of Alzheimer's disease

Date of first enrolment
30/07/2004

Date of final enrolment
30/06/2006

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
University Hospital Lewisham
London
United Kingdom
SE13 6LH

Sponsor information

Organisation
Department of Health

Funder(s)

Funder type
Government

Funder Name
University Hospital Lewisham NHS Trust (UK), NHS R&D Support Funding

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration