

Delivering interventions for obsessive compulsive disorder (OCD) through a web based virtual therapist: a randomised controlled trial

Submission date 30/09/2005	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 30/09/2005	Overall study status Completed	☐ Protocol
Last Edited 13/02/2017	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☐ Results
		☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

N0577151669

Study information

Scientific Title

Delivering interventions for obsessive compulsive disorder (OCD) through a web based virtual therapist: a randomised controlled trial

Study objectives

Can a web delivered treatment package for OCD be as effective as traditional psychological outpatient therapy?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Obsessive compulsive disorder

Interventions

60 patients will be randomised into standard or web treatment groups. At week 0, 12 and 52 self administered scales will be administered. Both groups will undergo an 8 week course of therapy.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

BDI-II (Beck Depression Inventory), Yale Brown OCD scale, Beck Anxiety Inventory.

Patient Global Impression of Improvement Scale.

All scales at 0, 12 and 52 weeks.

Key secondary outcome(s))

Not provided at time of registration

Completion date

01/10/2006

Eligibility**Key inclusion criteria**

Outpatients with ICD10 diagnosis of obsessive compulsive disorder (OCD)

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/10/2004

Date of final enrolment

01/10/2006

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Mascalls Park

Brentwood

United Kingdom

CM14 5HQ

Sponsor information

Organisation

Department of Health

Funder(s)

Funder type

Government

Funder Name

North East London Mental Health NHS Trust NELMHT (UK)

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration