

Randomised controlled study of group therapy for adolescents who self-harm

Submission date 23/01/2004	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 23/01/2004	Overall study status Completed	☐ Statistical analysis plan
		☒ Results
Last Edited 21/12/2009	Condition category Mental and Behavioural Disorders	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
RHC33008

Study information

Scientific Title

Study objectives

The main aim of the study would be to compare the routine clinical care of adolescents who have repeatedly harmed themselves with routine clinical care plus a six month group-based intervention. By the end of the studentship evidence would be gathered to indicate whether this would lead to improvements in depression and suicidal scores and in other areas of psychosocial functioning such as social relationships and whether the intervention would lead to higher levels of client satisfaction than routine clinical care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Other mental disorder

Interventions

1. Routine care plus six month group-based intervention
2. Routine care

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

1. Repeated self-harm
2. Depression

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/10/2000

Eligibility**Key inclusion criteria**

1. Repeated self-harm
2. Adolescents aged 12-16 years

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Lower age limit

12 Years

Upper age limit

16 Years

Sex

All

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/10/1997

Date of final enrolment

01/10/2000

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

School of Psychiatry and Behavioural Sciences

Manchester

United Kingdom

M27 4HA

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Executive North West (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2001		Yes	No