

Randomised controlled trial of a brief GP intervention to reduce overweight in Victorian primary school children (LEAP)

Submission date 09/01/2004	Recruitment status No longer recruiting	☒ Prospectively registered
		☐ Protocol
Registration date 26/04/2004	Overall study status Completed	☐ Statistical analysis plan
		☒ Results
Last Edited 09/05/2019	Condition category Nutritional, Metabolic, Endocrine	☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

AHMAC PDR 2001/15

Study information

Scientific Title

Randomised controlled trial of a brief GP intervention to reduce overweight in Victorian primary school children (LEAP)

Acronym

LEAP

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Overweight and mild obesity

Interventions

Arm A: Four consultations with the family doctor, employing a brief family-centred, solution-focussed approach aiming to increase physical activity and reduce fat and sugar intake.

Arm B: Standard identification and care.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/12/2005

Eligibility

Key inclusion criteria

Healthy children aged 5.0-9.11 years who are overweight or mildly obese (International Obesity Task Force [IOTF] cutpoints; children with UK Body Mass Index [BMI] z-score ≥ 3.0 excluded).
Sample drawn from BMI survey of all children aged 5.0-9.11 years attending their family doctor in 29 participating practices May-Dec 2002.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Lower age limit

5 Years

Upper age limit

9 Years

Sex

Not Specified

Total final enrolment

2112

Key exclusion criteria

children with UK Body Mass Index [BMI] z-score ≥ 3.0 excluded

Date of first enrolment

01/07/2004

Date of final enrolment

31/12/2005

Locations**Countries of recruitment**

Australia

Study participating centre

Centre for Community Child Health

Melbourne

Australia

3052

Sponsor information

Organisation

Murdoch Children's Research Institute (Australia)

ROR

<https://ror.org/048fyec77>

Funder(s)

Funder type

Government

Funder Name

AHMAC (Australian Health Ministers' Advisory Council) Priority Driven Research Grant 2001/15

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/09/2005	09/05/2019	Yes	No
Results article	results	01/04/2007	09/05/2019	Yes	No