

A prospective randomised controlled trial evaluating pre-clinic telephone advice for patients referred to a rectal bleed clinic

Submission date 12/09/2003	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 12/09/2003	Overall study status Completed	☐ Protocol
Last Edited 22/07/2009	Condition category Digestive System	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

N0277122006

Study information

Scientific Title

Study objectives

To see if outpatient attendances for patients with benign rectal bleeding can be reduced with pre-clinic telephone advice.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Other

Health condition(s) or problem(s) studied

Colorectal bleeding

Interventions

Group 1: Telephone Questionnaire + Advice. The Colorectal Nurse Practitioner contacts patients by phone and patients that are felt to have benign rectal bleeding are given telephone advice. They are contacted 6 weeks later and if still symptomatic are brought into the clinic. If patients are symptom free they decide whether they require an appointment. They receive a letter giving further advice and that they may come to the clinic if symptoms reoccur.

Group 2: Routine Outpatient Attendance + Questionnaire. These patients attend clinic as planned. They fill in the questionnaire and will be examined and treated in the usual way.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Number of patients still requiring outpatient visits after telephone advice.

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/10/2004

Eligibility**Key inclusion criteria**

1. patients with rectal bleeding referred to colorectal specialist clinic
2. young adults - under 40 years of age
3. low risk of colorectal cancer = 60

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

06/02/2003

Date of final enrolment

31/10/2004

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre**General Surgery**

London

United Kingdom

N19 5NF

Sponsor information**Organisation**

Department of Health (UK)

Funder(s)

Funder type

Hospital/treatment centre

Funder Name

Whittington Hospital NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2007		Yes	No