

A trial platform of guided self-help for mild /moderate depression in primary care

Submission date 03/05/2005	Recruitment status No longer recruiting	☒ Prospectively registered ☐ Protocol
Registration date 11/08/2005	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 07/10/2009	Condition category Mental and Behavioural Disorders	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
G0401181

Study information

Scientific Title

Study objectives

To examine trial recruitment rates, protocol fidelity, treatment adherence, clinical outcome effect size, cost utility and acceptability of a standardised guided self help intervention within a pilot trial.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Depression

Interventions

Guided self-help for depression versus usual care

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Clinical response at three months
2. Cost and health resource utility
3. Trial process measures (recruitment rates: treatment fidelity, intervention effect size, acceptability)

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/08/2007

Eligibility**Key inclusion criteria**

Mild/moderate depression presenting in primary care

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

1. Depression not as primary diagnosis
2. Risk to self or others

Date of first enrolment

01/09/2005

Date of final enrolment

31/08/2007

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

School of Nursing, Midwifery & Social Work

Manchester

United Kingdom

M13 9PL

Sponsor information**Organisation**

University of Manchester (UK)

ROR

<https://ror.org/027m9bs27>

Funder(s)

Funder type

Research council

Funder Name

Medical Research Council (MRC) (UK)

Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, Medical Research Committee and Advisory Council, MRC

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

United Kingdom

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	24/11/2008		Yes	No