

Effectiveness of occupational therapy (OT) intervention with patients with early stage rheumatoid arthritis (RA)

Submission date 15/07/2002	Recruitment status No longer recruiting	☒ Prospectively registered
Registration date 15/07/2002	Overall study status Completed	☐ Protocol
Last Edited 05/01/2011	Condition category Musculoskeletal Diseases	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
H0598

Study information

Scientific Title

Acronym

ROTA

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Rheumatoid arthritis (RA)

Interventions**1. Treatment group:**

Four x 1 h individual appointments, 2 h education programme, two x 1 h review appointments at 6 and 12 months. Individual assessment: Activities of daily living assessment and relevant training, provision of assistive devices; hand assessment plus training in joint protection, hand exercises and splint provision as necessary; relevant advice on work, leisure, information about RA and its management, foot care, upper and lower limb exercises, posture advice. Psychosocial support.

2. Control group:

Usual rheumatology out-patient care (ie clinic appointments and referral to physiotherapy and occupational therapy if essential).

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/12/2003

Eligibility

Key inclusion criteria

1. Diagnosed with rheumatoid arthritis by a Consultant Rheumatologist within last 2.5 years
2. Willing to attend for regular appointments
3. Stable on medical treatment or about to enter the agreed North Thames Rheumatology Audit Group treatment protocol

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/2003

Date of final enrolment

31/12/2003

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Rheumatology

Derby

United Kingdom

DE1 2QY

Sponsor information

Organisation

Arthritis Research Campaign (ARC) (UK)

ROR

<https://ror.org/02jkpm469>

Funder(s)**Funder type**

Charity

Funder Name

Arthritis Research Campaign (UK)

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2004		Yes	No