

The treatment of depression in primary care: efficiency of Computerised CoGnitive behaviour Therapy

Submission date 04/08/2005	Recruitment status No longer recruiting	☒ Prospectively registered
Registration date 04/08/2005	Overall study status Completed	☒ Protocol
Last Edited 25/10/2022	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

NTR45

Study information

Scientific Title

The treatment of depression in primary care: efficiency of Computerised CoGnitive behaviour Therapy

Acronym

CCGT

Study objectives

To evaluate the efficiency of computerised cognitive behaviour therapy treatment in depression in primary care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the local ethics committee

Study design

Randomised, active controlled, parallel group trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Depressive disorders

Interventions

Computerised cognitive behaviour therapy versus normal care. Baseline measurements on two, three, five, eight, and 12 months.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Depressive symptoms (measured by the Beck Depression Inventory).

Key secondary outcome(s)

1. Psychological problems
2. Social-behaviour
3. Quality-of-life
4. Medical consumption

A cost-effectiveness analysis will also be performed.

Completion date

01/12/2008

Eligibility

Key inclusion criteria

1. Patients with moderate depressive symptoms
2. Between 18 and 65 years
3. Free access to the Internet

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Upper age limit

65 years

Sex

All

Key exclusion criteria

All patients who do not meet the inclusion criteria.

Date of first enrolment

01/12/2005

Date of final enrolment

01/12/2008

Locations**Countries of recruitment**

Netherlands

Study participating centre

EPP/DMKEP 616

Maastricht

Netherlands

6200 MD

Sponsor information

Organisation

University Maastricht (The Netherlands)

ROR

<https://ror.org/02jz4aj89>

Funder(s)

Funder type

Research organisation

Funder Name

The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan

Not provided at time of registration

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		01/04/2010	25/10/2022	Yes	No
Protocol article	Protocol	30/06/2008		Yes	No