

Art therapy as an adjunctive treatment in severe mental illness: a randomised controlled evaluation

Submission date 23/01/2004	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 23/01/2004	Overall study status Completed	☐ Protocol
Last Edited 28/11/2019	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☐ Results
		☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

REC00079

Study information

Scientific Title

Art therapy as an adjunctive treatment in severe mental illness: a randomised controlled evaluation

Study objectives

Art Therapy (AT) offers a potential means to improve the quality of care of service users with long-term mental health problems and to enhance clinical outcome. It is widely used in the NHS yet, to date, it has been poorly evaluated.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Depression, anxiety, neuroses

Interventions

1. 12 week art therapy
2. Standard care

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

HONOS scales; Brief Psychiatric Rating Scale; Social Functioning Scale; Lancashire Quality of Life Profile; Brief Symptom Inventory; Satisfaction with Services; Art Therapy Engagement and Evaluation Scales.

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/12/1999

Eligibility

Key inclusion criteria

1. Mental Health users currently in active contact with the community mental health teams (CMHTs) with the Lewisham and Guys Mental Health NHS Trust.
2. Diagnosis of psychosis
3. National Audit Categories A or B

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

1. Organic illness
2. Referral to AT services in previous 2 years
3. Currently receiving another formal psychological treatment
4. Current admission to inpatient care

Date of first enrolment

01/12/1997

Date of final enrolment

01/12/1999

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

The Tavistock Clinic

London

United Kingdom

NW3 5BA

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)**Funder type**

Government

Funder Name

NHS Executive London (UK)

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration