

# A before and after study to investigate the effectiveness of an individual psychological intervention in reducing anxiety and depression for heart failure patients

<b>Submission date</b> 28/09/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 28/09/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 11/09/2012	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
N0124183305

## Study information

## Scientific Title

### Study objectives

Is psychological therapy for heart failure combined with normal care better than normal care by itself at reducing depression and anxiety, improving coping and helping patients to address a self-identified heart failure related issue and/or a nurse consultant identified heart failure related issue?

### Ethics approval required

Old ethics approval format

### Ethics approval(s)

Not provided at time of registration

### Primary study design

Interventional

### Study design

Randomised controlled trial

### Study type(s)

Treatment

### Health condition(s) or problem(s) studied

Mental and Behavioural Disorders: Anxiety disorders

### Interventions

Patients will be randomised into either an immediate treatment or a waiting treatment group. Patients in both groups will be asked to complete questionnaires at beginning of treatment, end of treatment and at 3 months follow-up.

### Intervention Type

Other

### Phase

Not Specified

### Primary outcome(s)

Significant difference between groups in depression, anxiety, coping style, self-identified problem rating, nurse identified problem rating.

### Key secondary outcome(s)

Not provided at time of registration

### Completion date

01/07/2009

## Eligibility

**Key inclusion criteria**

Heart failure patients scoring 8 or higher on the Hospital and Anxiety Scale, with an issue identified by the nurse consultant that could benefit from psychological input or identified by heart failure patients and discussed with the nurse consultant.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/07/2006

**Date of final enrolment**

01/07/2009

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre****Heart Failure Service**

London

United Kingdom

SE13 6LH

**Sponsor information****Organisation**

Record Provided by the NHSTCT Register - 2007 Update - Department of Health

# **Funder(s)**

## **Funder type**

Government

## **Funder Name**

University Hospital Lewisham NHS Trust (UK)

## **Funder Name**

NHS R&D Support Funding

# **Results and Publications**

## **Individual participant data (IPD) sharing plan**

### **IPD sharing plan summary**

Not provided at time of registration