

# Evaluation of optical imaging in foot ulcer management

<b>Submission date</b> 07/06/2024	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 19/07/2024	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 20/01/2025	<b>Condition category</b> Skin and Connective Tissue Diseases	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Non-healing foot wounds (ulcers) are frequent and lead to poor quality-of-life with high risk of amputation and mortality. A major reason for wounds not to heal are blocked arteries in the legs. Currently, the standard test to measure the blood flow in the legs is called ankle brachial pressure index (ABPI) and it requires blood pressure measurement with a cuff at the ankle. However, ABPI is not frequently performed, may miss diagnoses, and does not measure blood flow in the foot where ulcers are.

Optoacoustic imaging (OAI) and photoplethysmography (PPG) are 2 new non-invasive methods that can use light to measure oxygen and blood flow through the skin, but these have not been tested in patients with ulcers.

The aim of the study is to evaluate the value of OAI and PPG in patients with foot ulcers. We hypothesize that OAI and PPG can provide additional important clinical information otherwise not available.

### Who can participate?

All patients with foot ulcers scheduled for routine appointments in the multidisciplinary diabetic foot and vascular clinics at East Surrey Hospital.

### What does the study involve?

OAI and PPG scans will be performed at several sites along the leg and foot in addition to standard investigations. In those patients that will undergo surgery to improve blood flow as part of usual care, we will repeat all measurements after surgery. We will collect the results of the standard investigations and baseline medical and sociodemographic characteristics and collect 1 year outcome data based on electronic patient records.

### What are the possible benefits and risks of participating?

There are no direct benefits to patients. The results will help vascular doctors to evaluate the value of OAI and PPG and if they can provide additional important clinical information otherwise not available.

Where is the study run from?

East Surrey Hospital (Surrey and Sussex Healthcare NHS Trust), Redhill with the University of Surrey (Department of Clinical and Experimental Medicine), Guildford (UK)

When is the study starting and how long is it expected to run for?

December 2023 to March 2026

Who is funding the study?

The study is funded by iThera Medical and Medical Research Council (UK)

Who is the main contact?

Prof. Christian Heiss, c.heiss@surrey.ac.uk

## Contact information

### Type(s)

Public, Scientific, Principal investigator

### Contact name

Prof Christian Heiss

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## Additional identifiers

### Integrated Research Application System (IRAS)

331195

### Central Portfolio Management System (CPMS)

68419

## Study information

### Scientific Title

Evaluation of optoacoustic imaging and photoplethysmography in patients with foot ulcers: a cross-sectional pilot study

### Acronym

OAI-1

## **Study objectives**

Optoacoustic imaging (OAI) and photoplethysmography (PPG) can provide additional important clinical information that is otherwise not available.

## **Ethics approval required**

Ethics approval required

## **Ethics approval(s)**

approved 10/07/2024, South Central - Oxford C Research Ethics Committee (2 Redman Place, Stratford, London, E20 1JQ, United Kingdom; +44 207 104 8271; oxfordc.rec@hra.nhs.uk), ref: 24/SC/0242

## **Study design**

Single-centre prospective observational cross-sectional pilot study

## **Primary study design**

Observational

## **Study type(s)**

Diagnostic

## **Health condition(s) or problem(s) studied**

Foot ulcers

## **Interventions**

Patients with ulcers will be prospectively recruited in the multidisciplinary diabetic foot and vascular clinics. Optoacoustic imaging (OAI) and photoplethysmography (PPG) scans will be performed at several sites along the leg and foot in addition to standard investigations (ultrasound, ABPI, toe pressure) and baseline medical and sociodemographic characteristics. Some patients will undergo surgery to improve blood flow as part of usual care. In these patients, the researchers will repeat all measurements after surgery. They will collect 1 year outcome data (wound healing, amputation, mortality) based on electronic patient records.

## **Intervention Type**

Other

## **Primary outcome(s)**

1. Tissue oxygenation and blood flow measured using optoacoustic imaging in feet at baseline (all) and after angioplasty (subgroup that receives angioplasty as standard of care)
2. Blood flow measured using photoplethysmography in feet at baseline and after angioplasty (subgroup)

## **Key secondary outcome(s)**

1. Ankle brachial pressure index measured using ankle Doppler based estimated ABPI (eABPI) at baseline and after angioplasty (subgroup)
2. Toe brachial pressure index measured using arterial plethysmography with cuff at baseline and after angioplasty (subgroup)
3. Peripheral vascular disease in lower extremity arteries measured with duplex ultrasound at baseline and after angioplasty (subgroup)
4. 1-year outcome (major amputation, death, revascularisation, wound healing) measured using electronic patient records over 1 year

**Completion date**

01/03/2026

## Eligibility

**Key inclusion criteria**

1. Age 18 years or greater
2. Non-healing foot wound for at least 4 weeks despite wound care
3. Scheduled for/referred to routine vascular assessment, multidisciplinary foot team clinic or endovascular revascularisation
4. Willing and able to provide informed consent
5. Vascular ultrasound exam required including Ankle Brachial Pressure Index (ABPI) and Toe Brachial Index (TBI)

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Heart failure New York Heart Association (NYHA)  $\geq 3$
2. Systemic inflammation
3. Critically ill, American Society of Anesthesiologists (ASA) IV
4. Extensive foot wounds making OAI scanning impossible
5. No toes to measure TBI
6. Leg wounds or skin conditions preventing ABPI, OAI or ultrasound investigations
7. Participants who are unable to wear the laser safety goggles
8. Tattoos in the field of view for OAI scanner
9. Currently under phototherapy
10. History of photosensitising disease (e.g. porphyria, Lupus erythematosus)
11. Experiencing photo-toxicity associated with currently taking or having taken photosensitizing agents within the previous 72 h (e.g. sulfonamides, ampicillin, tetracycline, doxycycline)
12. Pregnancy

**Date of first enrolment**

18/12/2024

**Date of final enrolment**

31/03/2025

## Locations

### Countries of recruitment

United Kingdom

England

### Study participating centre

#### Surrey and Sussex Healthcare NHS Trust

Trust Headquarters

East Surrey Hospital

Canada Avenue

Redhill

United Kingdom

RH1 5RH

## Sponsor information

### Organisation

University of Surrey

### ROR

<https://ror.org/00ks66431>

## Funder(s)

### Funder type

Industry

### Funder Name

iThera

### Funder Name

Medical Research Council

### Alternative Name(s)

Medical Research Council (United Kingdom), UK Medical Research Council, Medical Research Committee and Advisory Council, MRC

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

**Location**

United Kingdom

**Funder Name**

European Association of National Metrology Institutes

**Alternative Name(s)**

EURAMET e.V., European Collaboration in Measurement Standards, EUROMET, The European Association of National Metrology Institutes, EURAMET

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

Associations and societies (private and public)

**Location**

Germany

**Funder Name**

UK Research and Innovation

**Alternative Name(s)**

UKRI

**Funding Body Type**

Government organisation

**Funding Body Subtype**

National government

**Location**

United Kingdom

## Results and Publications

Individual participant data (IPD) sharing plan

The data-sharing plans for the current study are unknown and will be made available at a later date

### IPD sharing plan summary

Data sharing statement to be made available at a later date

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	version 01	12/06/2024	12/07/2024	No	Yes