

# Home versus Hospital based cardiac rehabilitation: a randomised trial with preference arms to compare clinical outcomes and costs. Cornwall Heart Attack Rehabilitation Management Study (CHARMS).

<b>Submission date</b> 11/01/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 08/02/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input checked="" type="checkbox"/> Results
<b>Last Edited</b> 14/09/2009	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Hasnain Dalal

**Contact details**  
Lower Lemon Street Surgery  
18 Lemon Street  
Truro  
United Kingdom  
TR1 2LZ

## Additional identifiers

**Protocol serial number**  
N0202102544

## Study information

## **Scientific Title**

### **Acronym**

CHARMS

### **Study objectives**

Not provided at time of registration

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

Not provided at time of registration

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Other

### **Health condition(s) or problem(s) studied**

Acute myocardial infarction

### **Interventions**

Interventions: 6-week nurse facilitated self-help package (the Heart Manual) or attendance at comprehensive hospital-based cardiac rehabilitation classes for 8-10 weeks.

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome(s)**

Not provided at time of registration

### **Key secondary outcome(s)**

Not provided at time of registration

### **Completion date**

30/06/2004

## **Eligibility**

### **Key inclusion criteria**

A subset of all patients from two primary care trusts admitted to the Royal Cornwall Hospital with uncomplicated myocardial infarction and without major co morbidity

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Key exclusion criteria**

Does not match inclusion criteria

**Date of first enrolment**

01/12/2000

**Date of final enrolment**

30/06/2004

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre****Lower Lemon Street Surgery**

Truro

United Kingdom

TR1 2LZ

**Sponsor information****Organisation**

Peninsula Medical School (Primary Care) (UK)

**ROR**

<https://ror.org/04dtfyh05>

# Funder(s)

## Funder type

Government

## Funder Name

NHS Research & Development - NHS Executive South West "developments in organisation of care" grant (ref: D/02/10.99/Dal) (UK)

# Results and Publications

## Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	10/07/2007		Yes	No