

Silent Cerebral Infarct Multi-Center Clinical Trial

Submission date 24/08/2004	Recruitment status No longer recruiting	☒ Prospectively registered ☐ Protocol
Registration date 11/10/2004	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 21/08/2014	Condition category Haematological Disorders	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
U01NS42804

Study information

Scientific Title

Acronym
SIT Trial

Study objectives

On 12/03/2008 this trial record was updated. The start date and anticipated end date of this trial were also updated from 01/04/2000 and 30/04/2005 to 01/12/2005 and 30/11/2012, respectively.

Added as of 12/03/2008:

Primary hypothesis:

1. Prophylactic blood transfusion therapy in children with silent cerebral infarcts will result in at least 86% reduction in the proportion of patients with clinically evident strokes or new or progressive silent cerebral infarcts.

Secondary hypotheses:

1. Prophylactic blood transfusion therapy will limit the further decline in general intellectual abilities when compared to the observation arm.
2. The overall benefit of blood transfusion therapy for silent cerebral infarctions outweighs the risks associated with this therapy.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Sickle Cell Anemia and Stroke

Interventions

Participants will be randomly assigned to one of two groups - the blood transfusion group or the observation group. The blood transfusion group will receive regular blood transfusion therapy. All participants will receive history and physical exams every three months, cognitive testing and neurological exam annually, a TCD 12-18 months following randomization, and a final MRI of the brain at study exit. Active participation on the study is 3 years.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

30/11/2012

Eligibility**Key inclusion criteria**

Inclusion criteria amended as of 12/03/2008:

Inclusion Criteria for Screening:

1. Patient must have sickle cell anemia (hemoglobin SS or sickle B) as confirmed by the local institution by hemoglobin analysis after six months of age
2. Patient must be 5 through 14 years of age (i.e., must have attained their 5th, but not their 15th birthday when the screening consent is signed)
3. Informed consent with assent in accordance with the institutional policies

Inclusion criteria provided at time of registration:

1. Patients ages 6-12 with sickle cell anemia (Hemoglobin SS or SB)
2. Patient must have a silent cerebral infarct documented by magnetic resonance imaging (MRI) of the brain as read by the neuroradiology panel

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

Exclusion criteria amended as of 12/03/2008:

Exclusion Criteria for Screening at initial screening evaluation and after informed consent has been signed as well as during the interval up to randomization:

1. Patient with a history of a focal neurologic event lasting more than 24 hours with medical documentation or a history of prior overt stroke
2. Patient with other neurological problems, such as neurofibromatosis, lead poisoning, non-febrile seizure disorder, or tuberous sclerosis
3. Patient with HIV infection
4. Pregnancy or lactating females
5. Patient who received treatment with anti-sickling drugs or hydroxyurea within 3 months or anticipate receiving anti-sickling drugs or hydroxyurea during the course of the study
6. Patients on chronic blood transfusion therapy for other reasons
7. Patient judged not likely to be compliant by his/her hematologist and study coordinator based on previous compliance in clinic appointments and following advice. Specifically, families that have missed at least two appointments without notification within 12 months prior to the trial

or parents/guardians of potential patients that have been reported for medical or education neglect are not eligible for this trial

8. Patient unable to receive blood transfusion because of alloimmunization

9. Patients who have or anticipate receiving permanent (or semi-permanent) metallic structures attached to their body. (e.g., braces on teeth, body piercings), which their physicians believe will interfere with the MRI of the head to assess the presence of silent cerebral infarct

10. Patients with any person living in the same household who have been randomly assigned in the SIT Trial

Exclusion criteria provided at time of registration:

1. Patients with a history of overt stroke or focal neurological event lasting more than 24 hours

2. Patients with other neurological problems, such as neurofibromatosis, lead poisoning, or tuberous sclerosis

3. Patients with a transcranial doppler (TCD) study with a time-averaged mean velocity greater than 200 cm/sec verified by the study radiologist

Date of first enrolment

01/12/2005

Date of final enrolment

30/11/2012

Locations

Countries of recruitment

United States of America

Study participating centre

WUSM CB 8519

Saint Louis, MO

United States of America

63108

Sponsor information

Organisation

National Institute of Neurological Disorders and Stroke (NINDS) (USA)

ROR

<https://ror.org/01s5ya894>

Funder(s)

Funder type

Government

Funder Name

National Institute of Neurological Disorders and Stroke (NINDS) (USA) (ref: U01NS42804)

Alternative Name(s)

National Institute of Neurological Disorders & Stroke, NIH/National Institute of Neurological Disorders and Stroke, NIH National Institute of Neurological Disorders and Stroke, The National Institute of Neurological Disorders and Stroke, National Institute of Neurological Disorders and Blindness, National Institute of Neurological and Communicative Disorders and Stroke, Instituto Nacional de Trastornos Neurológicos y Accidentes Cerebrovasculares, NINDS, NINDB, NINCDS

Funding Body Type

Government organisation

Funding Body Subtype

National government

Location

United States of America

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	21/08/2014		Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes