

Prevention of another myocardial infarction.

Submission date 23/01/2004	Recruitment status No longer recruiting	☐ Prospectively registered ☐ Protocol
Registration date 23/01/2004	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 21/12/2009	Condition category Circulatory System	☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Protocol serial number

PSI02-59

Study information

Scientific Title

Acronym

POST

Study objectives

To determine whether postal prompts to patients who have survived an acute coronary event and to their general practitioners improves secondary prevention of coronary heart disease within primary care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Heart disease

Interventions

1. Postal prompts
2. Standard care

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Proportion of patients having serum cholesterol tests, prescribed beta-blockers (6 months post-discharge)
2. Proportion prescribed cholesterol lowering drugs (12 months post-discharge)

Key secondary outcome(s)

1. Recording of cardiovascular risk factors and lifestyle advice
2. Patient's self-reporting of lifestyle changes and view about possibility of reducing cardiovascular risk

Completion date

14/08/2000

Eligibility**Key inclusion criteria**

Consecutive patients admitted to hospital for a myocardial infarction or episode of unstable angina.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

All

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

01/05/1995

Date of final enrolment

14/08/2000

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Department of General Practice and Primary Care

London

United Kingdom

E1 4NS

Sponsor information**Organisation**

Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Primary and Secondary Care Interface National Research and Development Programme (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	05/06/1999		Yes	No