

# Hypertension Evaluation Project III

<b>Submission date</b> 31/10/2007	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 06/11/2007	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 31/12/2020	<b>Condition category</b> Circulatory System	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
3

## Study information

**Scientific Title**  
Hypertension Evaluation Project III

**Acronym**  
HEP III

**Study objectives**

Innovative ways for dissemination of guidelines are superior to traditional ways.

### **Ethics approval required**

Old ethics approval format

### **Ethics approval(s)**

All participants took part voluntarily and the interventions were optional therefore ethics approval was not necessary.

### **Study design**

Randomised controlled trial

### **Primary study design**

Interventional

### **Study type(s)**

Quality of life

### **Health condition(s) or problem(s) studied**

Hypertension

### **Interventions**

1. Guideline in print
2. Interactive guideline
3. Expert seminars
4. Control group

The intervention groups were 3825 physicians for the expert seminars and always 1500 for the guideline in print, the interactive guideline and the control group. The medium follow-up time after intervention was approximately six months.

### **Intervention Type**

Other

### **Phase**

Not Specified

### **Primary outcome(s)**

Difference in guideline awareness between trained physicians and the control group.

### **Key secondary outcome(s)**

Overall guideline awareness.

### **Completion date**

31/03/2005

## **Eligibility**

### **Key inclusion criteria**

Participants of HEP I-trial: In the HEP-I trial we explored the guideline awareness of 24899 German physicians, including all internists, cardiologists and 22% of general practitioners in a nationwide survey. The data is already published (see <http://www.ncbi.nlm.nih.gov/sites/entrez?Db=pubmed&Cmd=ShowDetailView&TermToSearch=11677375>)

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Sex**

All

**Total final enrolment**

3825

**Key exclusion criteria**

See inclusion criteria.

**Date of first enrolment**

01/01/2004

**Date of final enrolment**

31/03/2005

**Locations****Countries of recruitment**

Germany

**Study participating centre**

Kerpener Str. 62

Cologne

Germany

50937

**Sponsor information****Organisation**

University of Cologne (Germany)

ROR

<https://ror.org/00rcxh774>

## Funder(s)

### Funder type

University/education

### Funder Name

University of Cologne (Germany) - Koeln Fortune Program, Faculty of Medicine

## Results and Publications

### Individual participant data (IPD) sharing plan

### IPD sharing plan summary

Not provided at time of registration

### Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	25/06/2008	31/12/2020	Yes	No