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Motivational interviewing: altering outcome after stroke

Submission date	Recruitment status	[ ] Prospectively registered
09/09/2005	No longer recruiting	[ ] Protocol
Registration date	**Overall study status**	[ ] Statistical analysis plan
21/10/2005	Completed	[X] Results
Last Edited	**Condition category**	[ ] Individual participant data
12/09/2011	Circulatory System	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
RDO/28/2/16

Study information

Scientific Title

Study objectives
Four sessions of motivational interviewing, given early after stroke, will benefit patients mood at 3 months post-stroke.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Approved by local research ethics committee

Primary study design
Interventional

Study design
Single centre randomised controlled trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Stroke

Interventions
Usual care plus four individual sessions of motivational interviewing (one per week) with the same therapist; each session lasting between 30 and 60 minutes.

Control: usual care.

Intervention Type
Other

Phase
Not Applicable

Primary outcome(s)
Mood, assessed by General Health Questionnaire (GHQ-28) at 3 months post-stroke

Key secondary outcome(s)
1. Misery, assessed by Yale single question depression screen
2. Function, assessed by Barthel index
3. Expectations of recovery, assessed by Stroke Expectations Questionnaire (SEQ)
All outcomes assessed at 3 months post-stroke

Completion date
01/06/2006

Eligibility

Key inclusion criteria

1. Patients admitted consecutively to hospital with an acute stroke
2. Over 18 years of age
3. Able to consent (no severe cognitive and communication problems)
4. Willing to participate

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Lower age limit
18 Years

Sex
All

Key exclusion criteria
1. Known to be moving out of area following discharge
2. Already receiving Psychiatric or Clinical Psychology treatment

Date of first enrolment
01/07/2002

Date of final enrolment
01/06/2006

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
CPRU
Preston
United Kingdom
PR1 2HE

Sponsor information

Organisation
Royal Liverpool University Hospital (UK)

ROR
https://ror.org/01ycr6b80

Funder(s)

Funder type
Government

Funder Name
NHS Executive North West (UK) - Health R&D NoW (RDO/28/2/16)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/03/2007		Yes	No
Results article	results	01/07/2011		Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes