

Comparing the effectiveness of multidisciplinary family approach with traditional dietetic treatment in managing the weight of overweight or obese children

Submission date 17/01/2006	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 17/02/2006	Overall study status Completed	☐ Protocol
Last Edited 18/10/2016	Condition category Nutritional, Metabolic, Endocrine	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Barrie Margetts

Contact details
Institute of Human Nutrition
University of Southampton
Southampton General Hospital
Southampton
United Kingdom
SO16 6YD
+44 (0)23 8079 4776
B.M.Margetts@soton.ac.uk

Additional identifiers

Protocol serial number
J03

Study information

Scientific Title

Comparing the effectiveness of multidisciplinary family approach with traditional dietetic treatment in managing the weight of overweight or obese children

Study objectives

That a multidisciplinary family approach will be more effective in managing weight than usual care

Ethics approval required

Old ethics approval format

Ethics approval(s)

Health and Social Services Ethics Committee, Jersey

Primary study design

Interventional

Study design

Randomised cross-over design

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Overweight or obese children

Interventions

Family support and activity versus usual care

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Weight

Key secondary outcome(s)

1. Percentage body fat
2. Nutritional balance
3. Physical activity
4. Self-esteem
5. Body image

Completion date

30/09/2007

Eligibility

Key inclusion criteria

Overweight or obese children between 6 to 14 years of age

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Lower age limit

6 Years

Upper age limit

14 Years

Sex

All

Key exclusion criteria

1. Any medical condition preventing safe exercising
2. Inability to attend without parent or guardian

Date of first enrolment

01/10/2004

Date of final enrolment

30/09/2007

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

University of Southampton

Southampton

United Kingdom

SO16 6YD

Sponsor information

Organisation

University of Southampton, Institute of Human Nutrition (UK)

ROR

<https://ror.org/01ryk1543>

Funder(s)**Funder type**

Charity

Funder Name

Wessex Medical Trust 300175

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/08/2011		Yes	No