

Future oriented group training for suicidal patients

Submission date 28/12/2006	Recruitment status No longer recruiting	☒ Prospectively registered ☐ Protocol
Registration date 28/12/2006	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 16/08/2010	Condition category Mental and Behavioural Disorders	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Contact details

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Additional identifiers

Protocol serial number
NTR786

Study information

Scientific Title

Study objectives

1. The level of suicide ideation is correlated with a low level of positive future expectancies.
2. Our future oriented training will help people to predict a more positive future.
3. And this will lead to less suicide ideation.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the local medical ethics committee

Primary study design

Interventional

Study design

Randomised open label active controlled parallel group trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Suicide

Interventions

We developed a manual-based group training, including elements from:

1. Motivational interviewing
2. Cognitive behavioural therapy
3. Problem solving treatment
4. Future thinking
5. Positive psychology

We compared three groups:

1. Treatment As Usual (TAU)
2. TAU and experimental training
3. Non-suicidal control group

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Level of suicide ideations
2. Level of suicidal behaviour

Key secondary outcome(s)

1. Depression (BDI-II)
2. Quality of life (Outcome Questionnaire [OQ45])
3. Coping (Coping Inventory for Stressful Situations [CISS])
4. Problem solving (Social Problem Solving Inventory-Revised [SPSI-R])

5. Hopelessness (Beck Hopelessness Scale [BHS])
6. Worrying (Penn State Worry Questionnaire [PSWQ])

Completion date

01/01/2010

Eligibility

Key inclusion criteria

1. Suicide ideation (Beck Depression Inventory Second Edition [BDI-II], question nine more than zero)
2. Lifetime affective disorder

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

1. Primary psychotic disorder
2. Primary substance abuse disorder
3. Current manic state
4. Inability to read or write Dutch
5. Intelligence Quotient (IQ) less than 85

Date of first enrolment

01/01/2007

Date of final enrolment

01/01/2010

Locations

Countries of recruitment

Netherlands

Study participating centre

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Alkmaar

Netherlands

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Sponsor information

Organisation

Symfora Group (Netherlands)

ROR

<https://ror.org/01m0gv380>

Funder(s)

Funder type

Research organisation

Funder Name

The Open Ankh Foundation (Stichting De Open Ankh) (Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	07/10/2009		Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes