

Cost-effectiveness of cognitive behaviour therapy of cognitive behaviour therapy for recent onset schizophrenia patients with persistent and recurrent psychosis.

Submission date 20/12/2005	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 20/12/2005	Overall study status Completed	☐ Protocol
Last Edited 07/01/2021	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
ZonMW 945-04-406

Study information

Scientific Title

Cost-effectiveness of cognitive behaviour therapy of cognitive behaviour therapy for recent onset schizophrenia patients with persistent and recurrent psychosis.

Acronym

COCOS

Study objectives

To determine the cost-effectiveness of CBT compared to care as usual in patients with a recent onset of schizophrenia, who suffer from persistent and recurrent symptoms of psychosis.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Schizophrenia

Interventions

Please note that, as of 30/07/2008, the end date of this trial has been updated from 01/12/2007 to 01/04/2008.

Interventions:

1. CBT by a cognitive therapist and a nurse therapist
2. CAU

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Days functioning in normal range based on PSYRAYS and SFS: minimal suffering and functional restrictions by delusions and/or hallucinations and SFS normal social functioning.

Key secondary outcome(s)

1. Medication compliance
2. Number of relapses

- 3. Psychiatric symptoms
- 4. Quality of life

Completion date

01/04/2008

Eligibility

Key inclusion criteria

- 1. Schizophrenia patients in the first five years after onset
- 2. Age 18-64
- 3. Treatment resistant or recurrent psychosis

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Upper age limit

64 Years

Sex

All

Key exclusion criteria

- 1. IQ<80
- 2. Severe addiction
- 3. No competence of Dutch language
- 4. 4 or more CBT sessions in the last year

Date of first enrolment

01/12/2004

Date of final enrolment

01/04/2008

Locations

Countries of recruitment

Netherlands

Study participating centre
Parnassia & Groningen University
Den Haag
Netherlands
2552 ES

Sponsor information

Organisation
University Medical Center Groningen (Netherlands)

ROR
<https://ror.org/03cv38k47>

Funder(s)

Funder type
Research organisation

Funder Name
ZonMw

Alternative Name(s)
Netherlands Organisation for Health Research and Development

Funding Body Type
Private sector organisation

Funding Body Subtype
Other non-profit organizations

Location
Netherlands

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2011	07/01/2021	Yes	No