

# Imaging of the birth canal opening during labour as a pushing aid among first-time mothers

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<b>Registration date</b> 23/11/2021	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 23/11/2021	<b>Condition category</b> Pregnancy and Childbirth	<input type="checkbox"/> Individual participant data <input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

We plan to evaluate whether the real-time video of the mother as visual biofeedback in addition to standard healthcare provider verbal coaching can impact the time it takes to push the baby out and maternal satisfaction.

### Who can participate?

Pregnant women aged more than 18 years old who have no previous pregnancy beyond 20 weeks and who is planning for vaginal delivery.

### What does the study involve?

During pushing, half of participants will be provided with a display screen showing their birth canal opening or face in order to help and motivate them to push more effectively. The other half will proceed as usual.

### What are the possible benefits and risks of participating?

Effective visual feedback may shorten pushing time and increase maternal satisfaction. Major complications are not anticipated. Visual feedback may prove to be a distraction rather than a help.

### Where is the study run from?

Labour room of University Malaya Medical Center (UMMC) (Malaysia)

### When is the study starting and how long is it expected to run for?

August 2021 to February 2023

### Who is funding the study?

Department of Obstetrics and Gynaecology, UMMC (Malaysia)

Who is the main contact?  
Dr Noor Ashikin  
ashikin.hamid@ummc.edu.my

## Contact information

**Type(s)**  
Scientific

**Contact name**  
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## Additional identifiers

**Protocol serial number**  
2021105-10643

## Study information

**Scientific Title**  
Real-time imaging as visual biofeedback in active second stage of labour among nulliparas women: a randomised controlled trial

**Acronym**  
RIVBASSLAN

**Study objectives**  
Nulliparas women who utilized visual biofeedback of the maternal introitus compared to the maternal face (sham/placebo) are more likely to have shorter duration of active second stage of labour and higher satisfaction with pushing experience during birth

**Ethics approval required**  
Old ethics approval format

**Ethics approval(s)**  
Approved 20/10/2021, Medical Research Ethics Committee (University of Malaya Medical Centre, Lembah Pantai, 59100 Kuala Lumpur, Malaysia; +60 (0)3-79493209; no email provided), ref: 2021105-10643

## **Study design**

Single-centre open-label randomized controlled trial

## **Primary study design**

Interventional

## **Study type(s)**

Other

## **Health condition(s) or problem(s) studied**

Childbirth

## **Interventions**

Patients admitted to the ward for planned vaginal delivery and who study criteria will be approached for recruitment. Written informed consent will be taken. Once participants are about to start the active second stage of labour, they will be randomised to biofeedback or sham /placebo control by the opening of the lowest numbered sealed opaque envelope remaining to reveal the allocated intervention.

Patients allocated to the study group will be using visual biofeedback during her second stage of labour. A video camera will be placed on a stand at the end of the bed with the maternal introitus in focus and a display monitor on a stand will be placed next to the bedside in clear view of the participant

Patients in the control group will be coached during the second stage as per standard care. The display monitor of the participants in the control group will show their face during the second stage.

All participants are asked to watch the display screen carefully during pushing and listen to the standard verbal coaching that will be given to all participants by the care providers conducting the delivery. In synchronization with the uterine contraction, participants will be encouraged to bear down while observing the movement of the fetal head on introitus the display screen, thus receiving visual biofeedback of her pushing effort.

The live feed video streaming from camera to display will not be captured or recorded

Demographic data are transcribed onto the Case Report Form

The participants' electronic hospital records will be retrieved to obtain maternal and neonatal outcome data.

## **Intervention Type**

Procedure/Surgery

## **Primary outcome(s)**

Measured using patient records at the end of the study:

1. Duration of the active second stage of labour which defined as the minutes from the start of biofeedback during active pushing to delivery of fetus
2. Maternal satisfaction with pushing experience during birth

## **Key secondary outcome(s)**

Measured using patient records at the end of the study:

1. Birth weight (kg)
2. Umbilical cord arterial blood pH and base excess at birth
3. Health at birth measured using Apgar score at 1 and 5 minute
4. Special care nursery/ neonatal intensive care unit admission during birth admission
5. Indication for neonatal admission
6. Mode of delivery
7. Estimated blood loss during delivery
8. Degree of perineal tear

**Completion date**

01/02/2023

## Eligibility

**Key inclusion criteria**

1. Nulliparous
2. Age  $\geq$ 18 years
3. Singleton pregnancy
4. Cephalic presentation
5. No contraindication for vaginal delivery
6. Reassuring fetal status (normal fetal heart rate tracing)
7. About to commence pushing

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

Female

**Key exclusion criteria**

1. Patient who is suspected COVID 19 infection or COVID 19 positive
2. Known gross fetal anomaly
3. Planned instrumental delivery to shorten second stage
4. Maternal severe visual impairment
5. History of maladaptive maternal response to visual stimuli provoking e.g., migraine, seizure

**Date of first enrolment**

01/12/2021

**Date of final enrolment**

01/01/2023

## Locations

### Countries of recruitment

Malaysia

### Study participating centre

University Malaya Medical Center (UMMC)

Kuala Lumpur

Malaysia

59100

## Sponsor information

### Organisation

University Malaya Medical Centre

### ROR

<https://ror.org/00vkrxq08>

## Funder(s)

### Funder type

University/education

### Funder Name

Universiti Malaya

### Alternative Name(s)

University of Malaya, University Malaya, Malayan University, King Edward VII College of Medicine, Raffles College, University of Malaya in Singapore, , , , UM

### Funding Body Type

Government organisation

### Funding Body Subtype

Universities (academic only)

### Location

Malaysia

# Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study are/will be available upon request from Dr Noor Ashikin (ashikin.hamid@ummc.edu.my)

## IPD sharing plan summary

Available on request

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Participant information sheet</a>	version 1.0	07/10/2021	23/11/2021	No	Yes
<a href="#">Protocol file</a>	version 1.0	07/10/2021	23/11/2021	No	No