

Towards Recovery Empowerment and experiential Expertise

Submission date 19/12/2005	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 19/12/2005	Overall study status Completed	☐ Statistical analysis plan
		☐ Results
Last Edited 17/10/2008	Condition category Mental and Behavioural Disorders	☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
75-427; NTR378

Study information

Scientific Title
Towards Recovery Empowerment and experiential Expertise: a randomised controlled trial

Acronym

TREE

Study objectives

Clients in a consumer-driven program for recovery, empowerment and experiential expertise will have better outcomes on self-efficacy and empowerment than clients on a waiting list for the program.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Received from the local medical ethics committee

Primary study design

Interventional

Study design

Multicentre, randomised controlled, parallel group trial

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Mental disorders

Interventions

Clients in the experimental condition can choose between several consumer-driven, recovery oriented interventions:

1. A self-help study group (no specified duration)
2. An introductory seminar attended by the client and his/her practitioner
3. A five-day introductory course on recovery

Control: Waiting-list for the program.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Self-efficacy, empowerment

Key secondary outcome(s)

1. Quality of life
2. Identity
3. Social support
4. Community participation
5. Symptoms
6. Service use
7. Met and unmet needs

Completion date

28/02/2008

Eligibility

Key inclusion criteria

1. Severe mental illness
2. Interest in a recovery oriented program
3. Willingness to give informed consent

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Does not comply with the above inclusion criteria

Date of first enrolment

01/05/2004

Date of final enrolment

28/02/2008

Locations

Countries of recruitment

Netherlands

Study participating centre

Trimbos-instituut

Utrecht

Netherlands

3500 AS

Sponsor information

Organisation

Trimbos-instituut Netherlands Institute of Mental Health and Addiction (The Netherlands)

ROR

<https://ror.org/02amggm23>

Funder(s)**Funder type**

Research organisation

Funder Name

Protective Housing Foundation Utrecht (Stichting Beschermd Wonen Utrecht [SBWU]) (The Netherlands)

Funder Name

The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration