

A prospective randomised trial to examine the therapeutic effects of hydrotherapy in chronic rheumatoid arthritic patients

Submission date 15/07/2002	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 15/07/2002	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 27/01/2009	Condition category Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Prof P Maddison

Contact details

Rheumatology
Royal National Hospital for Rheumatic Diseases
Upper Borough Walls
Bath
United Kingdom
BA1 1RL
peter.maddison@nww-tr.wales.nhs.uk

Additional identifiers

Protocol serial number

M0107

Study information

Scientific Title

Study objectives

Not provided at time of registration

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Rheumatoid arthritis (RA)

Interventions

Patients were randomly assigned to hydrotherapy, seated immersion, land exercise or progressive relaxation. Patients attended 30-min sessions twice weekly for 4 weeks. Physical and psychological measures were completed before and after intervention and at 3 month follow-up.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Not provided at time of registration

Key secondary outcome(s)

Not provided at time of registration

Completion date

31/12/1994

Eligibility**Key inclusion criteria**

Patients with RA who met Steinbrocker's functional class I, II or III on stable drug therapy during the previous 3 months

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

All

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/01/1994

Date of final enrolment

31/12/1994

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre**Rheumatology**

Bath

United Kingdom

BA1 1RL

Sponsor information**Organisation**

Arthritis Research Campaign (ARC) (UK)

ROR

<https://ror.org/02jkpm469>

Funder(s)**Funder type**

Charity

Funder Name

Arthritis Research Campaign (UK)

Funder Name

Chartered Society of Physiotherapy (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/1996		Yes	No