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A prospective randomised trial to examine the therapeutic effects of hydrotherapy in chronic rheumatoid arthritic patients

Submission date
15/07/2002

Recruitment status
No longer recruiting

Registration date
15/07/2002

Overall study status
Completed

Last Edited
27/01/2009

Condition category
Musculoskeletal Diseases

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
M0107

Study information

Scientific Title

Study objectives
Not provided at time of registration

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Not Specified

Health condition(s) or problem(s) studied
Rheumatoid arthritis (RA)

Interventions
Patients were randomly assigned to hydrotherapy, seated immersion, land exercise or progressive relaxation. Patients attended 30-min sessions twice weekly for 4 weeks. Physical and psychological measures were completed before and after intervention and at 3 month follow-up.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Not provided at time of registration

Key secondary outcome(s)
Not provided at time of registration

Completion date
31/12/1994

Eligibility

Key inclusion criteria
Patients with RA who met Steinbrocker's functional class I, II or III on stable drug therapy during the previous 3 months

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Not Specified

Sex
All

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/01/1994

Date of final enrolment
31/12/1994

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Rheumatology
Bath
United Kingdom
BA1 1RL

Sponsor information

Organisation
Arthritis Research Campaign (ARC) (UK)

ROR
https://ror.org/02jkpm469

Funder(s)

Funder type
Charity

Funder Name
Arthritis Research Campaign (UK)

Funder Name
Chartered Society of Physiotherapy (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/1996		Yes	No