

Effectiveness of a cognitive behavioural treatment (CBT) and a self-help management programme for sleeping difficulties secondary to chronic pain

Submission date 30/09/2004	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 30/09/2004	Overall study status Completed	☐ Protocol
Last Edited 02/06/2017	Condition category Nervous System Diseases	☐ Statistical analysis plan
		☐ Results
		☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

N0123138308

Study information

Scientific Title

Effectiveness of a cognitive behavioural treatment (CBT) and a self-help management programme for sleeping difficulties secondary to chronic pain

Study objectives

The aim of this study is to demonstrate the efficacy of a self-administered management programme.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Sleep disorders

Interventions

Patients are randomised to:

1. Self-help management programme consisting of CBT
2. Waiting list control

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

The Pittsburgh Sleep Index

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/05/2003

Eligibility**Key inclusion criteria**

Pain Management programme waiting list

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

01/05/2002

Date of final enrolment

01/05/2003

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

University Hospitals of Leicester

Leicester

United Kingdom

LE1 4PW

Sponsor information**Organisation**

Department of Health

Funder(s)

Funder type

Government

Funder Name

University Hospitals of Leicester NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration