

Low vs High glycaemic index bedtime snacks for patients with type 1 diabetes - which should we be encouraging? - A cross-over trial.

Submission date 30/09/2005	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 30/09/2005	Overall study status Completed	☐ Protocol
Last Edited 25/04/2014	Condition category Nutritional, Metabolic, Endocrine	☐ Statistical analysis plan
		☐ Results
		☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
N0234135754

Study information

Scientific Title

Study objectives

Do low glycaemic index bedtime snacks improve fasting blood glucose levels, and reduce nocturnal hypoglycaemia compared to traditionally recommended snacks?

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Nutritional, Metabolic, Endocrine: Diabetes

Interventions

Block randomisation cross-over trial.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Rates of nocturnal hypoglycaemia, fasting blood glucose values.

Key secondary outcome(s))

Not provided at time of registration

Completion date

31/05/2003

Eligibility

Key inclusion criteria

44 subjects with type 1 diabetes.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Not Specified

Sex

Not Specified

Key exclusion criteria

Not provided at time of registration

Date of first enrolment

20/11/2002

Date of final enrolment

31/05/2003

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

c/o R&D Office

Bristol

United Kingdom

BS16 1ND

Sponsor information**Organisation**

Department of Health

Funder(s)**Funder type**

Government

Funder Name

North Bristol NHS Trust (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration