

Penis enlargement surgery, a report of 355 cases

Submission date 23/03/2017	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 04/04/2017	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
Last Edited 06/06/2023	Condition category Urological and Genital Diseases	<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Background and study aims

Many men worry that their penis is too small and some want them to be increased in size. Penile enhancement surgery is a type of medical procedure which involves increasing the length or girth of the penis. Penis enlargement surgery can have complications, and many men are unhappy with the results. The aim of this study is to look at men who have penis enlargement surgery as part of their normal care to look at how well the procedure works.

Who can participate?

Healthy men who are undergoing penis enlargement surgery.

What does the study involve?

Participants undergo surgery to increase the length or girth of their penises as part of normal care. Routine information is collected about each patient's background, health and the size of their penis at the start of the study and then two, six and twelve months after they have their surgery. The researchers collect this information by reviewing medical records in order to see how effective the surgery has been.

What are the possible benefits and risks of participating?

There are no direct benefits or risks involved with participating in this study.

Where is the study run from?

Blumar Medica (Italy)

When is the study starting and how long is it expected to run for?

October 2012 to December 2015

Who is funding the study?

Investigator initiated and funded (Italy)

Who is the main contact?

1. Dr Alessandro Littara (public)
2. Dr Claudia Schmid (scientific)

Contact information

Type(s)

Public

Contact name

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Type(s)

Scientific

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Additional identifiers

Study information

Scientific Title

Penile lengthening and girth enhancement surgery, a report of 355 cases

Study objectives

The aim of this study is to report and evaluate the results and complications of penile enhancement surgery.

Ethics approval required

Old ethics approval format

Ethics approval(s)

This study does not require ethics approval.

Primary study design

Observational

Study design

Retrospective cohort analysis

Study type(s)

Other

Health condition(s) or problem(s) studied

Penile hypoplasia and/or normal penile size

Interventions

Study participants are regular patients that receive penile enhancement in normal care, i.e. no special procedures, devices or treatments are added or carried out for the purpose of the study.

Routine information is collected for each patient, including age, weight, height, marital status, type of procedure (penile lengthening, girth enhancement, or both), IIEF (International Index of Erectile Function) score, baseline penile length at rest, stretched length (as a proxy for erect length), penile girth at rest. The same measurements are repeated at 2, 6 and 12 month follow-up visits. IIEF is repeated at 12 months.

This data is then collected through retrospective chart review by the researcher.

Intervention Type

Procedure/Surgery

Primary outcome(s)

Penile length and/or girth, as measured in centimeters at baseline, patient discharge and 2, 6 and 12 months, is collected through patient chart review.

Key secondary outcome(s)

Erectile function, as measured using the the IIEF test at baseline and 12 months, is collected through patient chart review.

Completion date

22/12/2015

Eligibility**Key inclusion criteria**

1. Male
2. Aged between 18 and 64 years old
3. In good health
4. No micropenis
5. Realistic expectations
6. Absence of psychiatric or systemic disorders

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Sex

Male

Total final enrolment

355

Key exclusion criteria

1. Men with unrealistic expectations
2. Psychiatric disorders
3. Systemic disorders
4. Bleeding disorders
5. Heart disease

Date of first enrolment

10/01/2013

Date of final enrolment

07/12/2015

Locations**Countries of recruitment**

Italy

Study participating centre**Blumar Medica**

Viale Vittorio Veneto 14

Milan

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Sponsor information**Organisation**

Dr. Alessandro Littara

Funder(s)

Funder type

Other

Funder Name

Investigator initiated and funded

Results and Publications

Individual participant data (IPD) sharing plan

The datasets generated and/or analyzed during the current study during this study will be included in the subsequent results publication.

IPD sharing plan summary

Other

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article		19/04/2019	06/06/2023	Yes	No