

Project Spelregels: Prevention of aggression and conduct disorder in elementary school children by means of universal school and parent interventions

Submission date 09/01/2006	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 09/01/2006	Overall study status Completed	☐ Protocol
Last Edited 17/09/2008	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☐ Results
		☐ Individual participant data
		☐ Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Miranda Witvliet

Contact details
Vrije Universiteit Amsterdam
Department of Clinical Psychology
P.O. Box 7057
Almere
Netherlands
1007 MB
+31 (0)20 5988767
m.witvliet@psy.vu.nl

Additional identifiers

Protocol serial number
EMGO no.: WC 2005-042; NTR512

Study information

Scientific Title

Study objectives

The two tested interventions (Good Behaviour Game and parent management training) will cause a decrease in aggression, victimisation, disruptive behaviour, anxiety and depression in elementary school children.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ethics approval received from the local medical ethics committees

Primary study design

Interventional

Study design

Randomised controlled parallel group trial

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Psychiatric, mental disorders/illness

Interventions

47 school classes in the Netherlands are included. Children from these school classes receive:

1. The Good Behaviour Game (GBG) - a universal classroom intervention developed for the prevention of disruptive behaviour and the promotion of pro-social behaviour. Children in elementary school classes receive the GBG several times a week during two school years.
2. The GBG at school, the parents receive Opvoeden & Zo - a universal parent management training. Parents receive the training once during 6 sessions of 2 hours.
3. No GBG and the parents do not receive the parent training Opvoeden & Zo

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Decrease of disruptive behaviour

Key secondary outcome(s)

Effect of interventions on development of anxiety, depression and victimisation.

Completion date

01/07/2009

Eligibility

Key inclusion criteria

The Good Behaviour Game and the parent management training (Opvoeden & Zo) are universal preventive interventions. Therefore, there are no inclusion or exclusion criteria.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Other

Sex

All

Key exclusion criteria

The Good Behaviour Game and the parent management training (Opvoeden & Zo) are universal preventive interventions. Therefore, there are no inclusion or exclusion criteria.

Date of first enrolment

01/03/2004

Date of final enrolment

01/07/2009

Locations

Countries of recruitment

Netherlands

Study participating centre

Vrije Universiteit Amsterdam

Almere

Netherlands

1007 MB

Sponsor information

Organisation

Vrije Universiteit Amsterdam (The Netherlands)

ROR

Funder(s)

Funder type
Research organisation

Funder Name
The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Study website	Study website	11/11/2025	11/11/2025	No	Yes