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A Single Blind Randomised Trial to Evaluate Physiotherapy for Back Pain Patients

Submission date 23/01/2004	**Recruitment status** No longer recruiting	[_] Prospectively registered [_] Protocol [_] Statistical analysis plan [X] Results [_] Individual participant data
Registration date 23/01/2004	**Overall study status** Completed	
Last Edited 02/12/2013	**Condition category** Musculoskeletal Diseases	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title

Study objectives
Not provided at time of registration

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Not Specified

Health condition(s) or problem(s) studied
Musculoskeletal diseases: Spinal conditions

Interventions
i. Prompt intervention programme -given advice on staying active, advice on graded return to activity, an information booklet and immediately entered into an active physiotherapy programme.
ii. Control - the group was given advice on staying active, advice on graded return to activity, an information booklet and an appointment to commence active physiotherapy 6 weeks later.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Not provided at time of registration

Key secondary outcome(s)
Not provided at time of registration

Completion date
31/01/2003

Eligibility

Key inclusion criteria
Patients aged between 20 and 55 years, referred directly for physiotherapy by either General Practitioners (GP) or the hospital Accident and Emergency (A&E) department, were given a physical examination to identify those with simple acute low back pain (ALBP).

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Sex
Not Specified

Key exclusion criteria
Pregnancy, or 3 months post partum.
Involved in litigation
Already undergoing a physical therapy
Pyschiatric problem
Other physically disabling condition

Date of first enrolment
10/01/2000

Date of final enrolment
31/01/2003

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Department of Health Studies
Middlesex
United Kingdom
TW7 5DU

Sponsor information

Organisation
Record Provided by the NHS R&D 'Time-Limited' National Programme Register - Department of Health (UK)

Funder(s)

Funder type
Government

Funder Name
NHS Physical and Complex Disabilities National Research and Development Programme

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2004		Yes	No