

# Seniors Health Investigation Network - Blood Pressure Monitoring Program

|                                        |                                                   |                                                                                                   |
|----------------------------------------|---------------------------------------------------|---------------------------------------------------------------------------------------------------|
| <b>Submission date</b><br>27/05/2005   | <b>Recruitment status</b><br>No longer recruiting | <input type="checkbox"/> Prospectively registered<br><input type="checkbox"/> Protocol            |
| <b>Registration date</b><br>01/06/2005 | <b>Overall study status</b><br>Completed          | <input type="checkbox"/> Statistical analysis plan<br><input checked="" type="checkbox"/> Results |
| <b>Last Edited</b><br>15/04/2008       | <b>Condition category</b><br>Circulatory System   | <input type="checkbox"/> Individual participant data                                              |

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

## Study information

**Scientific Title**

**Acronym**  
SHINE - Dundas Pilot

**Study objectives**  
To determine the best method (mail or telephone) for family physicians offices to invite patients to attend a session, and to identify factors that predicted attendance. In preparation for a larger scale randomized controlled trial, we also

performed a cost analysis of invitation method and success rate, investigated the operational and methodological aspects of the proposed intervention, and queried patients willingness to continue to attend community pharmacy blood pressure sessions and their preferences for the time and frequency of the sessions.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Primary study design**

Interventional

**Study design**

Randomised controlled trial

**Study type(s)**

Diagnostic

**Health condition(s) or problem(s) studied**

Hypertension

**Interventions**

Regular patients 65 years or older (n = 235) were randomly allocated to invitation by mail or telephone to attend pharmacy cardiovascular health awareness sessions led by volunteer peer health educators.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

The primary end-point was the overall attendance among patients invited by mail compared to those invited by telephone.

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

27/04/2001

**Eligibility****Key inclusion criteria**

Patients were eligible to participate if they were 65 years of age or older, considered by the physician to be regular patients, community dwelling, and able to attend a cardiovascular health promotion session in a local pharmacy.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Senior

**Sex**

All

**Key exclusion criteria**

Patients were excluded if they suffered from dementia or a serious, non-cardiovascular disease or condition, or were non-English speaking and could not attend with an English-speaking companion.

**Date of first enrolment**

01/03/2001

**Date of final enrolment**

27/04/2001

**Locations****Countries of recruitment**

Canada

**Study participating centre**

1200 Main Street West HSC-2V12

Hamilton

Canada

L8N 3Z5

**Sponsor information****Organisation**

Biovail Pharmaceuticals Canada, formerly Crystaal Corporation

ROR

<https://ror.org/01zgpn844>

## Funder(s)

**Funder type**

Industry

**Funder Name**

Biovail Corporation Canada, formerly Crystaal Corporation

## Results and Publications

**Individual participant data (IPD) sharing plan**

**IPD sharing plan summary**

Not provided at time of registration

### Study outputs

| Output type                     | Details  | Date created | Date added | Peer reviewed? | Patient-facing? |
|---------------------------------|----------|--------------|------------|----------------|-----------------|
| <a href="#">Results article</a> | Results: | 19/08/2005   |            | Yes            | No              |