

The efficacy of the Rességuier method in the treatment of fibromyalgia: a randomised controlled trial

Submission date 15/12/2008	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 23/12/2008	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 23/12/2008	Condition category Musculoskeletal Diseases	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Contact details

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Additional identifiers

Study information

Scientific Title

Rehabilitation of fibromyalgia: efficacy of the Rességuier method - a randomised controlled trial

Study objectives

Rehabilitation holds an important role in the treatment of fibromyalgia syndrome (FMS). Despite numerous studies, an agreement on a specific rehabilitation line, adaptable to the needs of a heterogeneous group of patients, has not been found yet. The Ressayguier method is a rehabilitation technique never experimented in fibromyalgia.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at the time of registration

Study design

Randomised controlled single centre trial

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Fibromyalgia

Interventions

FMS patients were recruited and randomly assigned to the Group A and Group B. The patients of Group A were individually treated with the Ressayguier method for 8 weeks, 1 session a week. The patients of Group B were observed for 8 weeks.

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

1. Reduction of pain (Numerical Rating Scale [NRS]: 0 - 10)
2. Improvement of disability and quality of life, assessed by the 36-item Short Form (SF-36) Health Survey and Fibromyalgia Impact Questionnaire (FIQ)

Key secondary outcome(s)

1. Quality of movement (NRS: 0 - 10)
2. Ability to relax mind and body (NRS: 0 - 10)

Completion date

10/12/2007

Eligibility

Key inclusion criteria

1. Diagnosis of fibromyalgia according to the American College of Rheumatology (ACR) criteria
2. No age limits

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Other

Sex

All

Key exclusion criteria

Does not meet the inclusion criteria

Date of first enrolment

10/01/2007

Date of final enrolment

10/12/2007

Locations

Countries of recruitment

Italy

Study participating centre

Associazione per lo studio della Sclerosi Sistemica e delle Malattie Fibrosanti (ASSMaF)

Firenze

Italy

50139

Sponsor information

Organisation

University of Florence (Italy)

ROR

<https://ror.org/04jr1s763>

Funder(s)

Funder type

University/education

Funder Name

University of Florence (Italy) - Department of Medicine

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration