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The efficacy of the Rességuier method in the treatment of fibromyalgia: a randomised controlled trial

Submission date 15/12/2008	**Recruitment status** No longer recruiting	[ ] Prospectively registered [ ] Protocol [ ] Statistical analysis plan [ ] Results [ ] Individual participant data [ ] Record updated in last year
Registration date 23/12/2008	**Overall study status** Completed	
Last Edited 23/12/2008	**Condition category** Musculoskeletal Diseases	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title
Rehabilitation of fibromyalgia: efficacy of the Rességuier method - a randomised controlled trial

Study objectives

Rehabilitation holds an important role in the treatment of fibromyalgia syndrome (FMS). Despite numerous studies, an agreement on a specific rehabilitation line, adaptable to the needs of a heterogeneous group of patients, has not been found yet. The Rességuier method is a rehabilitation technique never experimented in fibromyalgia.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at the time of registration

Primary study design
Interventional

Study design
Randomised controlled single centre trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Fibromyalgia

Interventions
FMS patients were recruited and randomly assigned to the Group A and Group B. The patients of Group A were individually treated with the Rességuier method for 8 weeks, 1 session a week. The patients of Group B were observed for 8 weeks.

Intervention Type
Other

Phase
Not Applicable

Primary outcome(s)
1. Reduction of pain (Numerical Rating Scale [NRS]: 0 - 10)
2. Improvement of disability and quality of life, assessed by the 36-item Short Form (SF-36) Health Survey and Fibromyalgia Impact Questionnaire (FIQ)

Key secondary outcome(s)
1. Quality of movement (NRS: 0 - 10)
2. Ability to relax mind and body (NRS: 0 - 10)

Completion date
10/12/2007

Eligibility

Key inclusion criteria

1. Diagnosis of fibromyalgia according to the American College of Rheumatology (ACR) criteria
2. No age limits

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Other

Sex
All

Key exclusion criteria
Does not meet the inclusion criteria

Date of first enrolment
10/01/2007

Date of final enrolment
10/12/2007

Locations

Countries of recruitment
Italy

Study participating centre
Associazione per lo studio della Sclerosi Sistemica e delle Malattie Fibrosanti (ASSMaF)
Firenze
Italy
50139

Sponsor information

Organisation
University of Florence (Italy)

ROR
https://ror.org/04jr1s763

Funder(s)

Funder type
University/education

Funder Name
University of Florence (Italy) - Department of Medicine

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration