

Evaluation of the Incredible Years Infant programme

Submission date 17/09/2010	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 06/10/2010	Overall study status Completed	<input type="checkbox"/> Protocol
Last Edited 04/10/2017	Condition category Pregnancy and Childbirth	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
3; 10/WNo01/40

Study information

Scientific Title

Prevention of conduct problems and anti-social behaviour in at risk infants: a small scale cluster, non-randomised trial

Acronym

IY Infant evaluation

Study objectives

The main hypothesis is that attendance at an Incredible Years Infant group for 8 weeks will increase parental confidence and encourage positive parenting as measured using the coded observed interactions and expressed emotion at the 6- and 12-month post baseline follow-up visit.

Other areas of interest in this study are the level of appropriate stimulation provided to the infants, which could encourage the developmental quotient of the infants. Parental mental well-being may be improved through the supportive environment and encouragement of participants to link up with other group members for support both during and after the group. The emphasis on safety issues may raise parents' awareness of the potential hazards and action needed to prevent unintentional injury in the home. As the results of the toddler study suggests maternal mental well-being may increase following attendance on the infant programme.

Ethics approval required

Old ethics approval format

Ethics approval(s)

1. Bangor University School of Psychology Ethics Committee, 16/07/2010
2. NHS North Wales Research Ethics Committee (REC), 19/07/2010, ref: 10/WNo01/40
3. NHS R&D Internal review panel, 05/08/2010

Study design

Small scale cluster non-randomised trial using a stepped wedge design

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Infant development, carer well being

Interventions

The Incredible Years Infant programme (Webster-Stratton, 2008) is delivered in a group format to parents and their babies over 8 x 2 hour sessions. The programme is aimed at encouraging parent understanding of parenting and infant development in the first 12 months.

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Video recorded coding of interactions between the primary caregiver and their child at the 6- and 12-month post -baseline follow-up visit.

Key secondary outcome(s)

1. Assessment of the home environment: provision of suitable environment and safety awareness of the parent
2. Assessment of maternal mental health
3. Child developmental assessment

All outcomes will be measured at baseline, 6 months post-baseline and 12 months post-baseline.

Completion date

01/11/2012

Eligibility**Key inclusion criteria**

1. Participants must have babies that are 2 - 16 weeks old at the baseline visits and are deemed by their Health visitor to live on a low income
2. Intervention families must agree to attend the 8-week programme with their baby

Participant type(s)

Healthy volunteer

Healthy volunteers allowed

No

Age group

Mixed

Sex

All

Key exclusion criteria

1. Parents that have previously attended a Baby parenting programme are excluded from the research
2. Families that live beyond North and Mid Wales are excluded as Group leaders will need to attend weekly supervisory meetings and families will need home visits by the researcher. One Intervention cluster will provide parent-completed measures collected by their group leader.

Date of first enrolment

21/09/2010

Date of final enrolment

01/11/2012

Locations

Countries of recruitment

United Kingdom

Wales

Study participating centre**Incredible Years Centre**

Bangor

United Kingdom

LL57 2PZ

Sponsor information**Organisation**

Bangor University (UK)

ROR

<https://ror.org/006jb1a24>

Funder(s)**Funder type**

Other

Funder Name

European Social Funded Knowledge Economy Skills Scholarship (KESS) managed by

Funder Name

Bangor University (UK)

Alternative Name(s)**Funding Body Type**

Private sector organisation

Funding Body Subtype

Universities (academic only)

Location

United Kingdom

Funder Name

Incredible Years Wales charity (UK)

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	15/07/2016		Yes	No
Study website	Study website	11/11/2025	11/11/2025	No	Yes