

Randomised controlled trial of a specialist behaviour therapy team versus treatment as usual

Submission date 08/03/2006	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 25/05/2006	Overall study status Completed	☐ Protocol
Last Edited 16/11/2009	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
Dr Angela Hassiotis

Contact details
Department of Mental Health Sciences
48 Riding House Street
London
United Kingdom
W1W 7EY
a.hassiotis@ucl.ac.uk

Additional identifiers

Protocol serial number
NRR: N0628169668

Study information

Scientific Title

Acronym

REBUILD

Study objectives

1. Specialist behaviour therapy services for challenging behaviour (CB) do not significantly reduce such behaviour in adults with learning disability as measured by the Aberrant Behaviour Checklist (ABC)
2. There is no difference in cost effectiveness between the two models

Ethics approval required

Old ethics approval format

Ethics approval(s)

West Essex Local Research Ethics Committee, approval date: 08/04/2005, reference number: 05/Q0301/9

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Challenging behaviour

Interventions

Specialist behaviour team administering behaviour therapy versus treatment as usual

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Reduction in CB as measured by the ABC over the follow-up period

Key secondary outcome(s)

1. Improvement in mental state
2. Increase in quality of life scores
3. Reduction in carer burden and cost effectiveness as shown by reduction in care costs

Completion date

31/03/2008

Eligibility

Key inclusion criteria

1. People over 16 years of age
2. All levels of learning disability (LD)

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

1. Mental illness or substance use if the main reason for CB
2. Medical illness if the main cause of CB

Date of first enrolment

01/04/2005

Date of final enrolment

31/03/2008

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Department of Mental Health Sciences

London

United Kingdom

W1W 7EY

Sponsor information**Organisation**

South Essex Partnership NHS Trust (UK)

ROR

<https://ror.org/05v823t63>

Funder(s)

Funder type

Government

Funder Name

South Essex Partnership NHS Trust (UK) (Grant reference number: GRG3)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2009		Yes	No