

# STARBEAM-X: Assessing blood flow in brain tumors using MRI before and after targeted radiation treatment

<b>Submission date</b> 10/02/2023	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
<b>Registration date</b> 27/02/2023	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 27/02/2023	<b>Condition category</b> Cancer	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

The purpose of this study is to use an additional type of picture on the MRI scanner to look into the way brain tumours (cancer that has spread to a part of the brain) behave. In particular, we are interested in using this picture to help us work out which patients develop radiotherapy damage after their treatment.

We are very much hoping that the understanding that we develop in this study will lead to a larger study in future to improve the information MRI scans can yield in secondary brain tumours.

### Who can participate?

Patients with brain metastases (secondary tumour in the brain) from a primary cancer in another part of the body who have not had previous radiotherapy to the brain or previous surgery to remove the metastasis can participate.

### What does the study involve?

If you agree to take part, we will ask you to either sign a consent form or give verbal telephone consent. During the verbal consent process, we will fully explain the study to you including the possible risks of participation and as much time as you require to discuss any concerns or questions you have. This will be fully recorded in your medical notes and will be followed up with written consent whenever possible. When you attend for your radiotherapy planning MRI scan, our radiographers will know to take an extra picture whilst you're having your scan. This will mean an additional 5 minutes lying down in the MRI scanner.

If you consent to take part in the study, we will also collect some information in relation to your previous cancer treatment from your hospital records. All of the information that is collected will be kept anonymous and securely stored by the research team working within this study. Once you have undergone your MRI scan and completed radiotherapy, you will continue to have regular MRI scans under the care of your oncology team. For a two year period after your treatment, we will record the results of any further MRI scans that you have to assess how you have responded to radiotherapy. We may use your original MRI scans to help us in making decisions about what your future scans might show, particularly if there is a concern that you may have developed radiotherapy damage.

What are the possible benefits and risks of participating?

By taking part, you will be helping us to gather more information about how tumours in the brain respond to radiotherapy and who is at risk of developing radiotherapy damage. This could help guide our radiotherapy treatments in the future and improve patient care.

MRI scanners don't use radiation, so you will not experience any radiation exposure from extra time in the scanner. Some people do find MRI scanning difficult to undergo because of difficulty in small, enclosed spaces and additional time lying in the scanner could cause some people distress.

Where is the study run from?

Newcastle upon Tyne Hospitals NHS Foundation Trust (UK)

When is the study starting and how long is it expected to run for?

October 2021 to December 2025

Who is funding the study?

1. Siemens Healthcare Ltd (UK)

2. Newcastle upon Tyne Hospitals NHS Foundation Trust (UK)

Who is the main contact?

Dr Joanne Lewis

Joanne.lewis@nhs.net

## Contact information

### Type(s)

Principal investigator

### Contact name

Dr Joanne Lewis

### Contact details

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## Additional identifiers

Integrated Research Application System (IRAS)

304723

Central Portfolio Management System (CPMS)

52164

## Study information

**Scientific Title**

Dynamic susceptibility contrast MRI Perfusion assessment of brain metastases: baseline characteristics and the study of pattern of perfusion change in suspected radionecrosis post-stereotactic radiosurgery (STARBEAM-X)

**Acronym**

STARBEAM-X

**Study objectives**

Baseline MRI perfusion is clinically useful in assessing perfusion status of different types of brain metastases and in helping to diagnose radionecrosis on future post-treatment MR imaging

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Approved 23/03/2022, Leicester Central Research Ethics Committee (Barlow House, 3rd Floor, 4 Minshull Street, Manchester, M1 3DZ, UK; +44 207 104 8199; leicestercentral.rec@hra.nhs.uk), ref: 22/EM/0057

**Study design**

Interventional non randomized

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Brain cancer

**Interventions**

When the patient attends for their radiotherapy planning MRI scan, they will undergo the conventional imaging sequences as per the standard of care and, during this scan, they will also undergo additional MRI perfusion sequences. This will entail them lying still on the scanner for a further five minutes. No additional doses of contrast or any other agent will be required to facilitate these scan sequences. On completion of this scan, research participants will not undergo any additional interventions as part of this study.

MR perfusion sequence data will be interrogated by a consultant neuroradiologist. This data will be recorded by the study investigators and analysed using appropriate statistical methods. Research participants' progress will be monitored for a 24-month period. As the current standard of care dictates, these patients will undergo 3-monthly MRI scanning. Results of follow-up MRI scans will be recorded. If any research participants develop symptoms or radiological signs of possible radionecrosis (radiation damage) - their baseline imaging they underwent as part of the study will be assessed in comparison to their current imaging with the hope that this will aid in the diagnostic process.

**Intervention Type**

Other

### **Primary outcome(s)**

1. Baseline perfusion characteristics of host cerebral vascular environment (measured in rCBV on MRI)
2. Baseline perfusion characteristics of brain metastases from a selection of primary sites (measured in rCBV on MRI)

### **Key secondary outcome(s)**

1. Correlation between baseline perfusion characteristics of brain metastases and primary site of malignancy (descriptive stats – correlation coefficient)
2. Inter-tumour variability in baseline perfusion characteristics in patients with more than one brain metastasis (descriptive stats)

### **Exploratory:**

3. To identify patients with suspected radionecrosis during data collection phase 1 and analyse baseline perfusion characteristics with a view to identifying possible risk associations – measured in follow-up period up to 2 years (descriptive)

### **Completion date**

31/12/2025

## **Eligibility**

### **Key inclusion criteria**

1. Age of 18 years or above on the day of recruitment
2. Have one or more brain metastases from an extracranial primary solid malignancy
3. Accepted for stereotactic radiosurgery to one or more brain metastases following discussion at the local SRS MDT
4. Must have never received any form of prior radiotherapy to the brain

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Lower age limit**

18 years

### **Sex**

All

### **Key exclusion criteria**

1. Age < 18 years old at the time of eligibility screening
2. Patient has received prior radiotherapy to the brain

### **Date of first enrolment**

09/05/2022

**Date of final enrolment**

09/11/2023

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre****Freeman Hospital**

Newcastle Upon Tyne Hospital Trust

Freeman Road

High Heaton

Newcastle

United Kingdom

NE7 7DN

**Sponsor information****Organisation**

Newcastle upon Tyne Hospitals NHS Foundation Trust

**ROR**

<https://ror.org/05p40t847>

**Funder(s)****Funder type**

Industry

**Funder Name**

Siemens

**Alternative Name(s)**

Siemens AG, Telegraphen-Bau-Anstalt von Siemens & Halske

**Funding Body Type**

Private sector organisation

**Funding Body Subtype**

For-profit companies (industry)

**Location**

Germany

**Funder Name**

Newcastle upon Tyne Hospitals NHS Foundation Trust

**Alternative Name(s)**

Newcastle upon Tyne Hospitals NHS Trust

**Funding Body Type**

Government organisation

**Funding Body Subtype**

Local government

**Location**

United Kingdom

## Results and Publications

**Individual participant data (IPD) sharing plan**

The current data sharing plans for this study are unknown and will be available at a later date

**IPD sharing plan summary**

Data sharing statement to be made available at a later date

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">HRA research summary</a>			28/06/2023	No	No
<a href="#">Participant information sheet</a>	version 2.2	24/03/2022	24/02/2023	No	Yes