

# Action community engagement groups

<b>Submission date</b> 17/07/2025	<b>Recruitment status</b> No longer recruiting	<input checked="" type="checkbox"/> Prospectively registered <input type="checkbox"/> Protocol
<b>Registration date</b> 23/07/2025	<b>Overall study status</b> Ongoing	<input type="checkbox"/> Statistical analysis plan <input type="checkbox"/> Results
<b>Last Edited</b> 18/07/2025	<b>Condition category</b> Other	<input type="checkbox"/> Individual participant data <input checked="" type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

The purpose of the study is to implement a project that is based on the components of the age liberation framework, and the research on which it is based, described in Breaking the Age Code: How Your Age Beliefs Determine How Long and Well You Live (Levy, 2022). The project's aim is to reduce ageism, which has become a public health crisis.

### Who can participate?

Participants who live in one of two communities, are aged 18 years and older and are fluent in English

### What does the study involve?

Participants will respond to baseline questions about their background, participate in educational modules and then respond to follow-up assessment questions. This is a study that will compare the exposure of participants to one of two conditions, each of which will include a set of four educational modules presented in groups. In the intervention condition, the participants will learn about age beliefs and ageism. In the comparison condition, participants will learn about local history.

### What are the possible benefits and risks of participating?

Not provided at time of registration

### Where is the study run from?

The study will be conducted in two communities in Illinois (USA)

### When is the study starting and how long is it expected to run for?

June 2025 to August 2026

### Who is funding the study?

Smith Tieken Foundation (USA)

### Who is the main contact?

Prof. Becca Levy, [Becca.Levy@yale.edu](mailto:Becca.Levy@yale.edu)

## Contact information

**Type(s)**

Public, Scientific, Principal investigator

**Contact name**

Prof Becca Levy

**Contact details**

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**Additional identifiers****Protocol serial number**

2000040054

**Study information****Scientific Title**

Action community engagement groups of town residents

**Study objectives**

The purpose of the study is to implement a project that is based on the components of the age liberation framework, and the research on which it is based, described in Breaking the Age Code: How Your Age Beliefs Determine How Long and Well You Live (Levy, 2022). The project is designed to reduce ageism, which has become a public health crisis.

**Ethics approval required**

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**Ethics approval(s)**

approved 24/06/2025, Yale Human Research Protection Program (25 Science Park, New Haven, 06520, United States of America; +1 (0)203 785 4688; HRPP@yale.edu), ref: 2000040054

**Study design**

Non-randomized study

**Primary study design**

Interventional

**Study type(s)**

Quality of life

**Health condition(s) or problem(s) studied**

Age beliefs and ageism

## **Interventions**

This is a study that will compare the exposure of participants to one of two conditions, each of which will include a set of four educational modules presented in groups. In the intervention condition, the participants will learn about age beliefs and ageism. In the comparison condition, participants will learn about local town history. All participants will be assessed at baseline and after the intervention ends.

## **Intervention Type**

Behavioural

## **Primary outcome(s)**

Views of ageing measured by age belief questions asked after the educational modules

## **Key secondary outcome(s)**

Views of ageism will be measured by open-ended questions about ageism in the environment, asked after the educational modules

## **Completion date**

08/08/2026

## **Eligibility**

### **Key inclusion criteria**

The primary participants must be fluent in English and residents of one of the towns we are studying

### **Participant type(s)**

Healthy volunteer

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Lower age limit**

18 years

### **Sex**

All

### **Key exclusion criteria**

1. Younger than 18 years
2. Not fluent in English

### **Date of first enrolment**

08/08/2025

### **Date of final enrolment**

05/02/2026

## Locations

### Countries of recruitment

United States of America

### Study participating centre

#### Community centers in each town

Illinois

United States of America

60130

## Sponsor information

### Organisation

Smith Tieken Foundation

## Funder(s)

### Funder type

Charity

### Funder Name

Smith Tieken Foundation

## Results and Publications

### Individual participant data (IPD) sharing plan

As some of the participant information may include identifying information, this information will be kept confidential.

### IPD sharing plan summary

Not expected to be made available