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Action community engagement groups

Submission date 17/07/2025	**Recruitment status** No longer recruiting	[X] Prospectively registered [_] Protocol [_] Statistical analysis plan [_] Results [_] Individual participant data [_] Record updated in last year
Registration date 23/07/2025	**Overall study status** Completed	
Last Edited 18/07/2025	**Condition category** Other	

Plain English summary of protocol

Background and study aims
The purpose of the study is to implement a project that is based on the components of the age liberation framework, and the research on which it is based, described in Breaking the Age Code: How Your Age Beliefs Determine How Long and Well You Live (Levy, 2022). The project's aim is to reduce ageism, which has become a public health crisis.

Who can participate?
Participants who live in one of two communities, are aged 18 years and older and are fluent in English

What does the study involve?
Participants will respond to baseline questions about their background, participate in educational modules and then respond to follow-up assessment questions. This is a study that will compare the exposure of participants to one of two conditions, each of which will include a set of four educational modules presented in groups. In the intervention condition, the participants will learn about age beliefs and ageism. In the comparison condition, participants will learn about local history.

What are the possible benefits and risks of participating?
Not provided at time of registration

Where is the study run from?
The study will be conducted in two communities in Illinois (USA)

When is the study starting and how long is it expected to run for?
June 2025 to August 2026

Who is funding the study?
Smith Tieken Foundation (USA)

Who is the main contact?
Prof. Becca Levy, Becca.Levy@yale.edu

Contact information

Type(s)
Public, Scientific, Principal investigator

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Additional identifiers

Protocol serial number
2000040054

Study information

Scientific Title
Action community engagement groups of town residents

Study objectives
The purpose of the study is to implement a project that is based on the components of the age liberation framework, and the research on which it is based, described in Breaking the Age Code: How Your Age Beliefs Determine How Long and Well You Live (Levy, 2022). The project is designed to reduce ageism, which has become a public health crisis.

Ethics approval required
Ethics approval required

Ethics approval(s)
Approved 24/06/2025, Yale Human Research Protection Program (25 Science Park, New Haven, 06520, United States of America; +1 (0)203 785 4688; HRPP@yale.edu), ref: 2000040054

Primary study design
Interventional

Study design
Non-randomized study

Study type(s)
Quality of life

Health condition(s) or problem(s) studied
Age beliefs and ageism

Interventions
This is a study that will compare the exposure of participants to one of two conditions, each of which will include a set of four educational modules presented in groups. In the intervention condition, the participants will learn about age beliefs and ageism. In the comparison condition, participants will learn about local town history. All participants will be assessed at baseline and after the intervention ends.

Intervention Type
Behavioural

Primary outcome(s)
Views of ageing measured by age belief questions asked after the educational modules

Key secondary outcome(s)
Views of ageism will be measured by open-ended questions about ageism in the environment, asked after the educational modules

Completion date
08/08/2026

Eligibility

Key inclusion criteria
The primary participants must be fluent in English and residents of one of the towns we are studying

Participant type(s)
Healthy volunteer

Healthy volunteers allowed
No

Age group
Adult

Lower age limit
18 Years

Sex
All

Key exclusion criteria
1. Younger than 18 years
2. Not fluent in English

Date of first enrolment
08/08/2025

Date of final enrolment

05/02/2026

Locations

Countries of recruitment
United States of America

Study participating centre
Community centers in each town
Illinois
United States of America
60130

Sponsor information

Organisation
Smith Tieken Foundation

Funder(s)

Funder type
Charity

Funder Name
Smith Tieken Foundation

Results and Publications

Individual participant data (IPD) sharing plan
As some of the participant information may include identifying information, this information will be kept confidential.

IPD sharing plan summary
Not expected to be made available