

# Comparison of training methods in dual diagnosis (mental health and substance use) treatment for community mental health teams

<b>Submission date</b> 04/08/2008	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 19/02/2009	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 21/11/2019	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

Not provided at time of registration

## Contact information

### Type(s)

Scientific

### Contact name

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### Contact details

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## Additional identifiers

## Study information

### Scientific Title

A randomised trial of two methods of training in dual diagnosis (co-morbid mental health and substance use) interventions for community mental health teams

**Acronym**

CODA

**Study objectives**

Whether a whole team training approach to dual diagnosis interventions is more effective than training a few individuals in increased positive attitudes and capabilities to working with people with dual diagnosis and in turn improve service user outcomes.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Camden and Islington Community Research Ethics Committee, 12/04/2001, ref: 00/96

**Study design**

Active-controlled blinded (staff were blinded during baseline measures) randomised trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Schizophrenia, co-morbid drug and alcohol dependence

**Interventions**

This is an intention to treat, repeated measure within subjects randomised trial. There were two active conditions of training; the staff were blind to training conditions when they completed baseline measures, but not for follow-up (as they knew what training they had had). Service user data was collected via case-notes and case managers who would have been aware of training condition.

The intervention included training to increase staff skills in engagement, assessment, motivational interviewing, cognitive behavioural techniques, health promotion and education. The whole team training was 5 days training, and then the teams in this arm received 1 hour of supervision once per month for 18 months. The specialist training consisted of two people from a team having 12 day training, and then only supervision from the trainer.

**Intervention Type**

Other

**Phase**

Not Applicable

**Primary outcome(s)**

1. Service users: hospital bed days
2. Staff: Alcohol and Alcohol Problems Perception Questionnaire (AAPPQ)

Staff outcomes measured at baseline immediately prior to training; service user outcomes measured in the 6 months prior to training and in the 6 months prior to the end of an 18 month period after training was delivered.

### **Key secondary outcome(s)**

1. Dual Diagnosis Attitudes, Self-Efficacy Scale, Knowledge about dual diagnosis
2. Minnesota Satisfaction Scale
3. Maslach Burn-out Inventory
4. Service Users only:
  - 4.1. Clinician Drug and Alcohol Use Scale (rated by case managers)
  - 4.2. Incidence of suicide, violence, homelessness (from case-notes)

Staff outcomes measured at baseline immediately prior to training; service user outcomes measured in the 6 months prior to training and in the 6 months prior to the end of an 18-month period after training was delivered.

### **Completion date**

30/09/2003

## **Eligibility**

### **Key inclusion criteria**

1. Staff:
  - 1.1. Any member of the community mental health team with active case-loads who were expecting to be in their post for the next 18 months
  - 1.2. Aged 18 - 65 years, males and females
2. Service users: those with a case note diagnosis of psychotic disorder (and abuse or dependence in any substance)

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Lower age limit**

18 years

### **Sex**

All

### **Key exclusion criteria**

1. Staff:
  - 1.1. Anyone about to leave the post
  - 1.2. Those without an active case-load
2. Service users: exclude those with primary substance misuse

**Date of first enrolment**

01/06/2001

**Date of final enrolment**

30/09/2003

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

**University College London**

London

United Kingdom

WC1E 7HB

## Sponsor information

**Organisation**

University College London (UK)

**ROR**

<https://ror.org/02jx3x895>

## Funder(s)

**Funder type**

Government

**Funder Name**

Camden and Islington NHS Foundation Trust (UK)

**Funder Name**

Alcohol Education Research Council (UK) - grant in 2001

# Results and Publications

Individual participant data (IPD) sharing plan

**IPD sharing plan summary**

Not provided at time of registration