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A randomised controlled pilot study to assess the benefit of using Reiki to treat chronic plaque psoriasis

Submission date
05/10/2007

Recruitment status
No longer recruiting

Registration date
19/12/2007

Overall study status
Completed

Last Edited
08/04/2016

Condition category
Skin and Connective Tissue Diseases

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[ ] Results
[ ] Individual participant data
[ ] Record updated in last year

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
RAP study 2007

Study information

Scientific Title

A randomised controlled pilot study to assess the benefit of using Reiki to treat chronic plaque psoriasis

Acronym
RAP

Study objectives
That the use of Reiki healing treament of moderate to severe psoriasis is measurably effective and the same results are able to be reproduced by any Reiki II practitioner.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Ethics approval received from the Devon and Torbay Research Ethics Committee (REC) on the 4th October 2007 (ref: 07/H0202/108).

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Treatment

Health condition(s) or problem(s) studied
Chronic plaque psoriasis

Interventions
Arm A: conventional topical treatment (as per current local practice may include the following: emollients, vitamin D creams and ointments [calcipotriol etc.], tar preparations [Alphosyl and Exorex] and topical steroids or combinations of the above - applied twice daily as per instructions per standard practice, dependant on the topical treatment of choice) and five Reiki treatments given over a 3 month period.

Arm B: five consecutive reiki treatments only over 3 months but advised to continue using moisturisers.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
1. Physical Assessment: using the Psoriasis Area and Severity Index (PASI) assessment tool, validated by photographic evidence
2. Quality of Life Assessments with Dermatology Life Quality Index (DLQI) to show to which degree the psoriasis affects the patient's normal activities
3. Psychological assessment (12-item General Health Questionnaire [GHQ12]) to show if there

has been any general improvement in the quality of life, regardless of the state of psoriasis
4. Health Economics Assessment

Key secondary outcome(s)
1. The Healing Assessment (HA) 1.1 will identify any possible trends in psychological triggers
2. The Healing Assessment (HA) 2.1 will be used to assess the relevance of any unusual experiences during treatment and to note the areas of the body which the healer feels may require extra attention

Completion date
30/09/2009

Eligibility

Key inclusion criteria
1. Patients who suffer from stable chronic plaque psoriasis that would be appropriate for treatment by topical agents
2. Informed consent
3. Adults aged 18 years or over, male or female

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Adult

Lower age limit
18 Years

Sex
All

Key exclusion criteria
1. Pregnant women
2. Patients with severe disease
3. Patients with unstable psoriasis and putular psoriasis
4. Patients who have already experienced healing
5. Unable to give informed consent

Date of first enrolment
15/10/2007

Date of final enrolment
30/09/2009

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
Dermatology Department
Torquay
United Kingdom
TQ2 7AA

Sponsor information

Organisation
South Devon Healthcare NHS Foundation Trust (UK)

ROR
https://ror.org/05374b979

Funder(s)

Funder type
Charity

Funder Name
Newton Abbott Hospital League of Friends (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration