

Pragmatic randomised controlled trial of nurse-delivered vestibular rehabilitation for dizzy patients in primary care.

Submission date 23/01/2004	Recruitment status No longer recruiting	☐ Prospectively registered
		☐ Protocol
Registration date 23/01/2004	Overall study status Completed	☐ Statistical analysis plan
		☒ Results
Last Edited 18/11/2010	Condition category Ear, Nose and Throat	☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

SEO083

Study information

Scientific Title

Study objectives

To compare the outcome of nurse-delivered vestibular rehabilitation for dizzy patients in primary care with standard medical care.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Not Specified

Health condition(s) or problem(s) studied

Ear, nose and throat diseases

Interventions

Vestibular rehabilitation programme of daily eye, head and body exercises, education about causes and management of symptoms delivered by nurse therapist versus routine medical care.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Computerised measurement of postural sway; validated self-report measures of symptoms and quality of life.

Key secondary outcome(s)

Not provided at time of registration

Completion date

01/10/2003

Eligibility**Key inclusion criteria**

200 patients with current dizziness or vertigo of at least 2 months' duration. Current complaint of dizziness or vertigo for which a vestibular cause is a definite or possible diagnosis; telephone ownership.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Not Specified

Key exclusion criteria

Age <18 yrs, disorders contraindicating performance of vigorous head/body exercises (vertebrobasilar ischaemia, severe cervical disorder), diagnosed non-vestibular cause of dizziness, life-threatening or progressive central disorder

Date of first enrolment

01/10/2000

Date of final enrolment

01/10/2003

Locations**Countries of recruitment**

United Kingdom

England

Study participating centre

Department of Psychology

Southampton

United Kingdom

SO17 1BJ

Sponsor information**Organisation**

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type

Government

Funder Name

NHS Executive South East

Results and Publications

Individual participant data (IPD) sharing plan**IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	19/10/2004		Yes	No