

Telecare motivational interviewing for diabetes patient education and support: a randomised controlled trial based in primary care comparing nurse and peer supporter delivery

Submission date 31/07/2006	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 05/10/2006	Overall study status Completed	<input checked="" type="checkbox"/> Protocol
Last Edited 17/08/2018	Condition category Nutritional, Metabolic, Endocrine	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Study information

Scientific Title

Telecare motivational interviewing for diabetes patient education and support: a randomised controlled trial based in primary care comparing nurse and peer supporter delivery

Acronym

Telecare

Study objectives

To enhance the well-being of patients living with type 2 diabetes through the provision of expert telecare (nurse or peer consultation by phone) following treatment change.

Ethics approval required

Old ethics approval format

Ethics approval(s)

The study has been granted ethical approval by the Warwickshire LREC Committee on 15.03.04 (ref.no.610)

Study design

Randomised controlled trial

Primary study design

Interventional

Study type(s)

Quality of life

Health condition(s) or problem(s) studied

Type 2 diabetes

Interventions

Participants are randomly assigned to one of the three arms of the trial:

1. Telephone support provided by a diabetes specialist nurse
2. Telephone support provided by a peer supporter (i.e. also living with diabetes)
3. Standard care

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Self-efficacy scores

Key secondary outcome(s)

Clinical outcomes (HbA1c, cholesterol level, blood pressure, Body Mass Index [BMI])

Completion date

01/11/2006

Eligibility

Key inclusion criteria

Adult patients with type 2 diabetes, for whom the most recent HbA1c is greater than 7.4%

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

Not Specified

Key exclusion criteria

1. Patients receiving insulin therapy
2. Patients lacking a telephone
3. Those with severe accompanying disorders or judged by General Practitioner as likely to interfere with outcome interpretation

Date of first enrolment

01/10/2004

Date of final enrolment

01/11/2006

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Warwick Medical School

Coventry

United Kingdom

CV4 7AL

Sponsor information

Organisation

The BUPA Foundation (UK)

ROR

<https://ror.org/04fskt963>

Funder(s)

Funder type

Government

Funder Name

The BUPA Foundation (UK)

Funder Name

Department of Health Ad Hoc Funding (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/04/2009		Yes	No
Protocol article	protocol	28/06/2007		Yes	No