

A randomised trial of a comprehensive stroke information service for patients and carers.

Submission date 23/01/2004	Recruitment status No longer recruiting	☐ Prospectively registered ☐ Protocol
Registration date 23/01/2004	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 21/01/2010	Condition category Circulatory System	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
HSR/067 R180/05588

Study information

Scientific Title

Study objectives

To determine the effectiveness of a multi-disciplinary Stroke Education Programme for stroke patients and their informal carers in improving health status, by enhancing their knowledge of the causes and consequences of stroke and the availability of community support

Ethics approval required

Old ethics approval format

Ethics approval(s)

Not provided at time of registration

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Cerebrovascular disease

Interventions

1. Stroke educational programme (SEP):

One 1-hour small group educational session for inpatients followed by six 1-hour sessions after discharge

2. A control group to receive conventional stroke unit care

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Patient and informal carer perceived health status (SF-36) at six months post stroke

Key secondary outcome(s)

1. Knowledge of stroke

2. Satisfaction with services

3. Emotional outcomes of patients and informal carers

4. Informal carer stress

5. Disability

Completion date

31/05/1998

Eligibility**Key inclusion criteria**

In-patients and their carers, randomised within one week of stroke or when mentally stable

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Other

Sex

All

Key exclusion criteria

Does not match inclusion criteria

Date of first enrolment

06/01/1996

Date of final enrolment

31/05/1998

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

Centre for Health Services Research

Newcastle upon Tyne

United Kingdom

NE2 4AA

Sponsor information

Organisation

NHS R&D Regional Programme Register - Department of Health (UK)

Funder(s)

Funder type
Government

Funder Name
NHS Executive Northern and Yorkshire (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/12/1999		Yes	No