

# Randomised controlled trial of computerised psychological treatment of anxiety and depression in primary care

<b>Submission date</b> 12/09/2003	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 12/09/2003	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 18/08/2011	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

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## Additional identifiers

**Protocol serial number**  
M0001078853

## Study information

**Scientific Title**

**Study objectives**

To compare the efficacy and cost effectiveness of a short term computer treatment package for anxiety and depression in primary care.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

Not provided at time of registration

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Not Specified

**Health condition(s) or problem(s) studied**

Mental and Behavioural Disorders: Depression

**Interventions**

The computerised administered programme will be compared with the standard GP treatment and standard clinical psychology treatment.

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

A computerised package will be therapeutically effective as a companion to therapists working in primary care.

**Key secondary outcome(s)**

Not provided at time of registration

**Completion date**

01/06/2003

**Eligibility****Key inclusion criteria**

Patients from general practices will be asked to participate in the study, presenting with anxiety and depression. They will be randomly allocated to one of two conditions: the computerised treatment package or clinical psychology treatment. GP matched controls will be obtained from a London trial run from the Institute of Psychiatry.

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Not Specified

**Sex**

Not Specified

**Key exclusion criteria**

Not provided at time of registration

**Date of first enrolment**

01/04/1999

**Date of final enrolment**

01/06/2003

**Locations****Countries of recruitment**

United Kingdom

England

**Study participating centre**

West London Mental Health Trust

London

United Kingdom

W6 7DY

**Sponsor information****Organisation**

Department of Health (UK)

**Funder(s)****Funder type**

Government

**Funder Name**

The West London Research Network - WeLReN (UK)

## Results and Publications

**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

**Study outputs**

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/01/2004		Yes	No