ISRCTN64118207 https://doi.org/10.1186/ISRCTN64118207

Randomised controlled trial of computerised psychological treatment of anxiety and depression in primary care

Submission date
12/09/2003

Recruitment status
No longer recruiting

Registration date
12/09/2003

Overall study status
Completed

Last Edited
18/08/2011

Condition category
Mental and Behavioural Disorders

[ ] Prospectively registered
[ ] Protocol
[ ] Statistical analysis plan
[X] Results
[ ] Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
M0001078853

Study information

Scientific Title

Study objectives
To compare the efficacy and cost effectiveness of a short term computer treatment package for anxiety and depression in primary care.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised controlled trial

Study type(s)
Not Specified

Health condition(s) or problem(s) studied
Mental and Behavioural Disorders: Depression

Interventions
The computerised administered programme will be compared with the standard GP treatment and standard clinical psychology treatment.

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
A computerised package will be therapeutically effective as a companion to therapists working in primary care.

Key secondary outcome(s)
Not provided at time of registration

Completion date
01/06/2003

Eligibility

Key inclusion criteria
Patients from general practices will be asked to participate in the study, presenting with anxiety and depression. They will be randomly allocated to one of two conditions: the computerised treatment package or clinical psychology treatment. GP matched controls will be obtained from a London trial run from the Institute of Psychiatry.

Participant type(s)
Patient

Healthy volunteers allowed
No

Age group
Not Specified

Sex
Not Specified

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/04/1999

Date of final enrolment
01/06/2003

Locations

Countries of recruitment
United Kingdom

England

Study participating centre
West London Mental Health Trust
London
United Kingdom
W6 7DY

Sponsor information

Organisation
Department of Health (UK)

Funder(s)

Funder type
Government

Funder Name
The West London Research Network - WeLReN (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/01/2004		Yes	No