

Social Worker Focused Psychological Strategies

Submission date 30/03/2009	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 29/05/2009	Overall study status Completed	☐ Protocol
Last Edited 10/07/2019	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

Contact name
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Additional identifiers

Study information

Scientific Title
Optimising allied health psychological treatments in primary health care: piloting a randomised controlled trial of social worker training in focused psychological strategies

Acronym
SWFPS

Study objectives

Social workers (SW) trained for skills in focused psychological treatments will show greater improvements in psychological skills than untrained SW, as rated on the Cognitive Therapy Rating Scale (CTS).

Ethics approval required

Old ethics approval format

Ethics approval(s)

Behavioural and Social Sciences Human Ethics Sub-Committee approved on the 8th May 2009 (ref: 0830922)

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Mental health skills

Interventions

Social worker's names will be placed in an envelope and selected at random by the research co-ordinator, allocating them alternately to intervention (training group) or control group:

Intervention:

Face to face teaching sessions. Three 5-hour sessions involving role plays, and video examples facilitated by a mental health expert.

Control:

Training as usual. The control group are also offered the training (delivered in separate sessions to the intervention group) as incentive for participation.

Total duration of treatment (intervention group): three sessions of training held on consecutive Wednesdays 22/07/2009, 29/07/2009 and 05/08/2009

Total duration of follow-up: conducted on 12/08/2009, one week after the final training session

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Competence on standardised consultations video-taped and rated by two blind reviewers using the Cognitive Therapy Scale, measured on 22/07/2009 and 05/08/2009.

Key secondary outcome(s)

Confidence in FPS on pre- and post-surveys, measured 09/07/2009 and 16/07/2009 for the control group, and 17/07/2009 and 07/08/2009 for the intervention group.

Completion date

01/12/2009

Eligibility

Key inclusion criteria

Registered Social Workers (adults over 18 years of age, either sex) in Victoria

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 Years

Sex

All

Total final enrolment

40

Key exclusion criteria

Non-Victorian Social Workers

Date of first enrolment

01/01/2009

Date of final enrolment

01/12/2009

Locations

Countries of recruitment

Australia

Study participating centre

Senior Research Fellow in Global Health

Victoria, Melbourne

Australia

3010

Sponsor information

Organisation

The Australian Primary Health Care Research Institute (APHCRI) (Australia)

ROR

<https://ror.org/019wvm592>

Funder(s)

Funder type

Government

Funder Name

The Australian Primary Health Care Research Institute (APHCRI) (Australia)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	05/11/2010	10/07/2019	Yes	No