

# Treatment of Bennett fractures with tension-band wiring through a small incision under loupes and headlight

**Submission date**  
09/09/2018

**Recruitment status**  
No longer recruiting

Prospectively registered

Protocol

**Registration date**  
19/09/2018

**Overall study status**  
Completed

Statistical analysis plan

Results

**Last Edited**  
06/12/2021

**Condition category**  
Injury, Occupational Diseases, Poisoning

Individual participant data

## Plain English summary of protocol

### Background and study aims

A Bennett fracture is a common fracture of the thumb. Although numerous treatments have been proposed, the best treatment choice is still controversial. The aim of this study is to investigate the effectiveness of treating Bennett fractures with tension-band wiring through a small incision (cut) under loupes (magnifying lenses) and headlight.

### Who can participate?

Patients with Bennett fractures

### What does the study involve?

All participants receive treatment with tension-band wiring through a small incision under loupes and headlight. At the final follow-up at 20 months after surgery, joint range of motion, pinch and grip strength, and hand function are assessed.

### What are the possible benefits and risks of participating?

Possible benefits include early range of motion which results in a better function of the thumb. Possible risks include joint stiffness and wound infection.

### Where is the study run from?

Third Hospital of Hebei Medical University (China)

### When is the study starting and how long is it expected to run for?

August 2014 to October 2017

### Who is funding the study?

Third Hospital of Hebei Medical University (China)

### Who is the main contact?

Dr Xu Zhang  
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# Contact information

## Type(s)

Public

## Contact name

Dr Xu Zhang

## ORCID ID

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## Contact details

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# Additional identifiers

## Protocol serial number

THHMC20184561

# Study information

## Scientific Title

Treatment of Bennett fractures with tension-band wiring through a small incision under loupes and headlight

## Acronym

TBW

## Study objectives

Treatment of Bennett fractures with tension-band wiring through a small incision under loupes and headlight. The treatments are effective with the use of the technique.

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Institutional review board of the Third Hospital of Hebei Medical University, 18/09/2014, ref: THHMC20141547

## Study design

Observational case series

## Primary study design

Observational

### **Study type(s)**

Treatment

### **Health condition(s) or problem(s) studied**

Bennett fractures

### **Interventions**

Treatment of Bennett fractures with tension-band wiring through a small incision under loupes and headlight. The tension band wiring technique was performed in 37 Bennett fractures. The mean time between the injury and operation was 6 days. At the final follow-up, range of motion, pinch and grip strength, and function were assessed.

### **Intervention Type**

Procedure/Surgery

### **Primary outcome(s)**

Range of motion: active motion of the first CMC joint assessed using a goniometer at 20 months after surgery

### **Key secondary outcome(s)**

Measured at 20 months after surgery:

1. Pinch and grip strengths measured using dynamometers. In order to exclude the discrepancy between the dominant and nondominant hand strength, the scores for analysis were based on that the pinch strength was 5% and grip strength was 6% higher at dominant sides compared to the nondominant sides.
2. Hand function assessed using the Disabilities of the Arm, Shoulder and Hand (DASH) questionnaire

### **Completion date**

01/10/2017

## **Eligibility**

### **Key inclusion criteria**

1. A Bennett fracture with intra-articular gap or step-off at or above 1 mm
2. Size of the fragment at or above 20% of the joint surface on the lateral view
3. Normal opposite hand for comparison

### **Participant type(s)**

All

### **Healthy volunteers allowed**

No

### **Age group**

Adult

### **Sex**

All

**Key exclusion criteria**

Rolando fracture, comminuted fracture, and other combined injuries of the same hand

**Date of first enrolment**

01/10/2014

**Date of final enrolment**

21/11/2015

## **Locations**

**Countries of recruitment**

China

**Study participating centre**

**Third Hospital of Hebei Medical University**

Ziqiang road

Shijiazhuang

China

050051

## **Sponsor information**

**Organisation**

Third Hospital of Hebei Medical University

**ROR**

<https://ror.org/004eknx63>

## **Funder(s)**

**Funder type**

University/education

**Funder Name**

Third Hospital of Hebei Medical University

## **Results and Publications**

## Individual participant data (IPD) sharing plan

The data sharing plans for the current study are unknown and will be made available at a later date.

## IPD sharing plan summary

Data sharing statement to be made available at a later date

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>		01/02/2019		Yes	No