

A randomised controlled trial of tea tree oil (5%) body wash versus standard body wash to prevent colonisation with methicillin-resistant *Staphylococcus aureus* in critically ill adults

Submission date 18/05/2007	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
Registration date 16/08/2007	Overall study status Completed	<input checked="" type="checkbox"/> Protocol
Last Edited 16/06/2014	Condition category Infections and Infestations	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

Dr Bronagh Blackwood

Contact details

Nursing and Midwifery Research Unit
Queen's University Belfast
21 Stranmillis Road
Belfast
United Kingdom
BT9 5AF
+44 (0)28 9097 6551
b.blackwood@qub.ac.uk

Additional identifiers

Protocol serial number

EAT/3460/06

Study information

Scientific Title

Study objectives

Methicillin-Resistant Staphylococcus Aureus (MRSA) colonisation among critically ill patients is reduced by daily washing with 5% Tea Tree Oil (TTO) body wash in comparison with standard body wash (Johnson's pH 5.5).

Ethics approval required

Old ethics approval format

Ethics approval(s)

1. School of Nursing and Midwifery Research Ethics Committee at Queen's University Belfast, 16/04/2007, ref: 03 2007
2. Office for Research Ethics Committees Northern Ireland, 03/09/2007, ref: 07/NIR03/71

Study design

Single-centre phase II/III prospective open-label randomised controlled clinical trial

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Critical illness; Methicillin-Resistant Staphylococcus Aureus (MRSA)

Interventions

A proprietary 5% tea tree oil-enriched body wash preparation versus standard body wash (Johnson's pH 5.5). The duration of treatment is for the length of the patient's ICU stay. Follow up will be until hospital discharge.

Intervention Type

Drug

Phase

Phase II/III

Drug/device/biological/vaccine name(s)

5% Tea Tree Oil

Primary outcome(s)

New MRSA colonisation during the inpatient episode in RICU, as defined by detection of MRSA by conventional culture methods in screening swabs of nose and groin, or in clinical specimens processed by the laboratory in the course of normal clinical care. This will be measured on discharge from the ICU.

Key secondary outcome(s)

All measured on discharge from the ICU:

1. Cost-effectiveness of regular use of 5% TTO body wash in this context
2. MRSA bacteraemia rates
3. Consumption of antibiotics used for the treatment of MRSA infection
4. Changes in the Sequential Organ Failure Assessment (SOFA) score during ICU stay

Completion date

30/07/2010

Eligibility

Key inclusion criteria

Patients admitted to the Intensive Care Unit (ICU) during the study period will be eligible for inclusion in the study.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

1. Aged less than 16 years
2. Those patients who are known to be colonised at the time of admission
3. Patients who on admission are unlikely to remain in the Respiratory Intensive Care Unit (RICU) for at least 48 hours
4. Patients who are recruited, whose pre-intervention MRSA screening tests are subsequently found to be positive, will be withdrawn from the study
5. Consent declined
6. Known sensitivity to TTO

Date of first enrolment

30/07/2007

Date of final enrolment

30/07/2010

Locations

Countries of recruitment

United Kingdom

Northern Ireland

Study participating centre
Nursing and Midwifery Research Unit
Belfast
United Kingdom
BT9 5AF

Sponsor information

Organisation
Belfast Health and Social Care Trust (UK)

ROR
<https://ror.org/02tdmfk69>

Funder(s)

Funder type
Government

Funder Name
The Research and Development Office, Northern Ireland (UK) (ref: EAT/3460/06)

Funder Name
REVIVE - Charity for the Regional Intensive Care Unit, Royal Victoria Hospital (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/05/2013		Yes	No
	protocol				

[Protocol article](#)

28/11/2008

Yes

No