

A feasibility study to test the methods and recruitment procedures towards a future randomised trial of self-hypnosis versus antidepressant medication for the management of depression

Submission date 02/12/2005	Recruitment status No longer recruiting	☐ Prospectively registered
Registration date 24/01/2006	Overall study status Completed	☐ Protocol
Last Edited 20/01/2011	Condition category Mental and Behavioural Disorders	☐ Statistical analysis plan
		☒ Results
		☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

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Additional identifiers

Protocol serial number

CZG/2/121

Study information

Scientific Title

Study objectives

The future aim of this work was to conduct a randomised trial of nurse-taught self-hypnosis versus antidepressant drug treatment in primary care. However, an initial feasibility study was proposed to determine the feasibility and acceptability of the study and its proposed methods.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Reviewed and approved by National Health Service Lothian Research Ethics Committee

Study design

Patient preference trial measuring the response to either nurse led antidepressants or self-hypnosis

Primary study design

Interventional

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Depression

Interventions

A nurse led audio compact disc (CD) package on self-hypnosis versus GP prescribed antidepressant treatment (usual care).

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Changes in scores on the Beck Depression Inventory
2. Brief Symptom Inventory
3. SF-36

Key secondary outcome(s)

Not provided at time of registration

Completion date

12/12/2004

Eligibility

Key inclusion criteria

Eligible patients were all those aged 18-65 with a diagnosis of depression and receiving a new prescription for antidepressants from their general practitioner (GP)

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Lower age limit

18 years

Upper age limit

65 years

Sex

All

Key exclusion criteria

Exceptions were those with bipolar depression, psychoses, alcohol and illicit drug use and active suicidal ideas.

Date of first enrolment

31/05/2004

Date of final enrolment

12/12/2004

Locations

Countries of recruitment

United Kingdom

Scotland

Study participating centre

Reader in Sociology

Stirling

United Kingdom

FK9 4LA

Sponsor information

Organisation

University of Edinburgh (UK)

ROR

<https://ror.org/01nrxf90>

Funder(s)

Funder type

Government

Funder Name

Chief Scientist Office of the Scottish Executive Health Division ref CZG/2/121 (UK)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/07/2009		Yes	No