

Efficacy of a school-based psychosocial intervention to deal with the psychosocial impact of armed conflict on school-aged children in Sri Lanka

Submission date 24/02/2006	Recruitment status No longer recruiting	☒ Prospectively registered ☐ Protocol
Registration date 09/06/2006	Overall study status Completed	☐ Statistical analysis plan ☒ Results
Last Edited 08/01/2021	Condition category Mental and Behavioural Disorders	☐ Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title
Efficacy of a school-based psychosocial intervention to deal with the psychosocial impact of armed conflict on school-aged children in Sri Lanka

Study objectives

A psychosocial school-based program is capable of reducing conflict-related psychosocial symptoms, and increasing children's strength to deal with armed-conflict related psychosocial difficulties

Ethics approval required

Old ethics approval format

Ethics approval(s)

Ongoing at ethical review board of Vrije Universiteit Amsterdam as of 09/06/06

Primary study design

Interventional

Study design

Cluster randomization of schools to intervention (structured school-based psychosocial program) or waitlist condition (receiving treatment after the research)

Study type(s)

Treatment

Health condition(s) or problem(s) studied

Multiple impact of armed conflict on psychosocial wellbeing (post-traumatic stress disorder)

Interventions

Classroom-based structured, manualized psychosocial intervention, called the class-room based intervention (CBI), as designed by the Center for Trauma Psychology (Boston, Massachusetts) versus the waitlist condition.

The CBI entails a 15-session program that encompasses working with the trauma narrative, creative techniques (drama, music), and specifically designed games. The waitlist condition simply entails the provision of treatment after the research is finished.

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

Post-traumatic stress disorder (PTSD) and depressive symptoms

Key secondary outcome(s)

Anxiety, aggression, daily functioning, social support, sociometric measurements (sociogram), coping, family functioning, hope, and school functioning (grades, absenteeism)

Completion date

31/03/2007

Eligibility

Key inclusion criteria

Children screened for exposure to traumatic events, post-traumatic stress symptoms or depressive anxiety symptoms, with the use of symptom checklists

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Child

Sex

All

Total final enrolment

399

Key exclusion criteria

Serious psychopathology and psychiatric disorders (mutism, retardation, psychotic symptoms) or incapability to function in a group (conduct disorders, harming others), as judged by local psychosocial counsellors

Date of first enrolment

01/07/2006

Date of final enrolment

31/03/2007

Locations**Countries of recruitment**

Netherlands

Sri Lanka

Study participating centre

c/o HealthNet TPO

Amsterdam

Netherlands

1074 VJ

Sponsor information

Organisation

HealthNet TPO (The Netherlands)

ROR

<https://ror.org/0088fq38>

Funder(s)**Funder type**

Charity

Funder Name

Plan International

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/06/2012	08/01/2021	Yes	No