

Survivors at risk: a randomised controlled trial of primary prevention of complicated grief among first degree relatives of suicide victims

Submission date

28/04/2006

Recruitment status

No longer recruiting

☐ Prospectively registered

☐ Protocol

Registration date

28/04/2006

Overall study status

Completed

☐ Statistical analysis plan

☒ Results

Last Edited

26/04/2007

Condition category

Mental and Behavioural Disorders

☐ Individual participant data

Plain English summary of protocol

Not provided at time of registration

Contact information

Type(s)

Scientific

Contact name

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Additional identifiers

Protocol serial number

METC 2002/137

Study information

Scientific Title

Study objectives

A brief (four sessions) nurse-led family focused intervention, based on cognitive behavioral therapy and psycho-education, offered between three and six months following the suicide, prevents depressive and complicated grief symptoms at 13 months bereavement.

Ethics approval required

Old ethics approval format

Ethics approval(s)

Approval received from the local ethics committee (ref: METC 2002/137).

Primary study design

Interventional

Study design

Randomised controlled trial

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Suicide bereavement, complicated grief

Interventions

Brief, nurse-led family-focused four session intervention by trained psychiatric nurses, based on cognitive behavioural therapy and psycho-education versus care as usual (control).

Intervention Type

Other

Phase

Not Specified

Primary outcome(s)

1. Depression (Center for Epidemiologic Studies Depression Scale [CESD])
2. Complicated grief (Inventory of Traumatic Grief [ITG])
3. Traumatic Grief Evaluation of Response to Loss (TRGR2L)
4. Schedules for Clinical Assessment in Neuropsychiatry (SCAN)

Key secondary outcome(s)

1. Guilt
2. Relief
3. Satisfaction

Completion date

01/01/2004

Eligibility

Key inclusion criteria

Families (first-degree relatives, in-laws and spouses) of suicide victims recruited in the three northern provinces of the Netherlands between 1 September 1999 and 1 January 2002.

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Adult

Sex

All

Key exclusion criteria

1. Severe mental illness
2. Imprisonment of the deceased
3. Lack of Dutch fluency

Date of first enrolment

01/09/1999

Date of final enrolment

01/01/2004

Locations**Countries of recruitment**

Netherlands

Study participating centre

University Medical Center Groningen (UMCG)

Groningen

Netherlands

9700 RB

Sponsor information**Organisation**

University Medical Center Groningen (UMCG) (The Netherlands)

ROR

<https://ror.org/03cv38k47>

Funder(s)

Funder type

Research organisation

Funder Name

The Netherlands Organisation for Health Research and Development (ZonMw) (The Netherlands)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	Results	12/05/2007		Yes	No