

# How can Lycra® sleeves improve upper limb functioning in hemiplegic cerebral palsy?

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		<input type="checkbox"/> Protocol
<b>Registration date</b> 25/06/2019	<b>Overall study status</b> Completed	<input type="checkbox"/> Statistical analysis plan
		<input type="checkbox"/> Results
<b>Last Edited</b> 26/06/2019	<b>Condition category</b> Nervous System Diseases	<input type="checkbox"/> Individual participant data
		<input type="checkbox"/> Record updated in last year

## Plain English summary of protocol

### Background and study aims

Cerebral palsy (CP) occurs as a result of damage to the developing brain and the symptoms in any individual is affected by the location, time and size of the brain damage. In this study, we will focus on children who have hemiplegia (i.e. brain damage affecting one side of the body) as a result of CP. Children with hemiplegia will have a combination of paralysis and spasticity (a condition where some muscle are overactive). In addition, sensations can also be affected (i.e. this either be increased or decreased) making them unable to feel things or tell what things are by using touch. Besides touch, their ability to describe the position of their body in space is also affected. As a result of these problems, the child will not be able to control body movement effectively and efficiently. Normal development can also be affected.

Children with CP receive different types of treatments (e.g. medical, surgical, rehabilitation, and orthotics) to help with improving motor control and improve their independence. One of the orthotics that are being used with children is pressure garments or Lycra® garments. However, there is little scientific understanding related to the true therapeutic effects of pressure garments because studies are limited in number and the quality of existing research is weak. This research project aims to investigate the effect of using a pressure garment on upper limb sensation, the ability to move and factors that can interfere with functional movements.

### Who can participate?

Participants with hemiplegic CP, between ages 5 and 16 years, who will normally require this treatment

### What does the study involve?

Each participant is expected to wear a custom-made lycra sleeve for the duration of the study (approximately 4 months).

The study would involve 3 visits to meet the researcher throughout the study period.

Finally, each participant and/or guardians are expected to record daily wear time in a compliance diary.

### What are the possible benefits and risks of participating?

There may be no real benefits directly to participants, but we hope that their participation will help us see if this sleeve really works, which might make it more commonly available to others

NHS service users. A custom-made Lycra sleeve will be given to your child at no cost. Lycra sleeve is a type of compression garment. Pressure and resistance to normal movement are expected effects. However, treatment using Lycra sleeve may have some unwanted effects, that may be related to wearing the Lycra sleeve.

Where is the study run from?

Robert Jones and Agnes Hunt Orthopaedic Hospital, UK

When is the study starting and how long is it expected to run for?

August 2019 to March 2020

Who is funding the study?

Keele University, UK

Who is the main contact?

Prof. Anand Pandyan

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## Contact information

### Type(s)

Scientific

### Contact name

Prof Anand Pandyan

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## Additional identifiers

### Clinical Trials Information System (CTIS)

Nil known

### Integrated Research Application System (IRAS)

246566

### Protocol serial number

IRAS 246566

# Study information

## Scientific Title

How can soft dynamic pressure orthoses (Lycra®) influence upper limb functioning in children with spastic hemiplegic cerebral palsy?

## Study objectives

1. Do pressure garments for arms improve impairments of:
  - a. Motor control
    - i. Spasticity or Hyperactive muscle responses
    - ii. Ability to move elbow, forearm and wrist
  - b. Sensations
    - i. Touch
    - ii. Identify objects by only touch
    - iii. Match arm position in space
2. Do pressure garments for arms improve:
  - a. Child's ability to use his affected arm in various activities
  - b. Child's participation in daily life

## Ethics approval required

Old ethics approval format

## Ethics approval(s)

Approved 17/05/2019, West Midlands - Coventry & Warwickshire Research Ethics Committee (Nettle Hill Conference Centre; 0207 104 8056; NRESCommittee.WestMidlands-CoventryandWarwick@nhs.net), ref: 19/WM/0122, IRAS Reference Number: 246566

## Study design

Cohort observational study with repeated-measure design

## Primary study design

Observational

## Study type(s)

Treatment

## Health condition(s) or problem(s) studied

Spastic hemiplegic cerebral palsy

## Interventions

Treatment provided: Lycra made-to-measure sleeve

Sleeve Wear Protocol: The recommended wear protocol is 7 days/week for a maximum duration of 6 hours/day. This wear routine will be followed for 5 months by each participant (depending on manufacturing time & each participant's habituation period to the sleeve). However, we understand that not every participant will be able to comply with recommended protocol. Therefore, each participant will be issued a Compliance Diary to record their daily use.

## Methodology:

-Study design is a cohort observational study design with repeated measures

-Each participant will have to undergo three visits, for a total duration of about 5 months:

-1st visit: to take baseline measurements of: (1) Participation & Quality of life, (2) Activity Capacity of affected limb, and (3) Measure the affect upper limb for Lycra to be manufactured  
-2nd visit (2-4 weeks after 1st visit): to take baseline measurements for Impairments: (1) Motor and (2) sensory impairments. In addition, the Lycra Sleeve will be issued to participants, will be asked to start using it as instructed.  
-3rd visit: re-measure (4 months after 2nd visit): re-measure all three domains: (1) Participation, (2) Activity level, and (3) impairments (Motor & Sensory).

### **Intervention Type**

Other

### **Primary outcome(s)**

1. Shriner's Hospital Upper Extremity Evaluation (SHUEE) will measure changes in activity-related use of the affected arm at first and third visits
2. Cerebral Palsy Quality of Life Questionnaire (CPQOL) will measure the satisfaction level of a participant in utilising the affected arm in daily living activities at first and third visits
3. Active/Passive Range of movement (at elbow, forearm, and wrist) measured using biometric electrogoniometer at second and third visits
4. Spasticity electrophysiological measures (at elbow and wrist) measured using neurophysiological measures using biometrics wireless kit (goniometer, myometer & electromyography) at second and third visits
5. Stiffness measure (at elbow and wrist) measured using modified Ashworth scale at second and third visits
6. Tactile Threshold (monofilament test) measured using Semmen Weinstein monofilament (20-piece set) at second and third visits
7. Stereognosis test measured using 10-item kit at second and third visits
8. Proprioception test (at elbow and wrist) measured using biometric electrogoniometer at second and third visits

### **Key secondary outcome(s)**

none

### **Completion date**

14/08/2020

## **Eligibility**

### **Key inclusion criteria**

1. Diagnosis of Cerebral Palsy (Spastic Hemiplegic), as confirmed by a referring professional
2. Age between 5-18
3. Able to sit independently on a chair without armrests
4. Able to understand and follow instructions

### **Participant type(s)**

Patient

### **Healthy volunteers allowed**

No

### **Age group**

Child

**Lower age limit**

5 years

**Upper age limit**

18 years

**Sex**

All

**Key exclusion criteria**

1. Botulinum Toxin Injection within the past six months
2. Previous orthopaedic surgery for upper limb
3. Use of Soft Dynamic Pressure Orthosis or similar compression garment treatment in the past two years
4. No significant decrease in PROM due to musculoskeletal contracture or deformities at the elbow and/or wrist.

**Date of first enrolment**

15/07/2019

**Date of final enrolment**

14/03/2020

## **Locations**

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

**Robert Jones and Agnes Hunt Orthopaedic Hospital**

Oswestry

United Kingdom

SY10 7AG

## **Sponsor information**

**Organisation**

Keele University Directorate of Research, Innovation and Engagement

**ROR**

<https://ror.org/00340yn33>

# Funder(s)

## Funder type

University/education

## Funder Name

Keele University

## Alternative Name(s)

La Universidad de Keele

## Funding Body Type

Private sector organisation

## Funding Body Subtype

Universities (academic only)

## Location

United Kingdom

# Results and Publications

## Individual participant data (IPD) sharing plan

The datasets generated during and/or analysed during the current study will be stored in a non-publically available repository.

### Repository Name/Link

-All data generated by this study will be stored and safeguarded at RJAH hospital trust servers. As the study sponsor, Keele University is the owner of all the research data produced by this study and shares control over these data with RJAH. Members of staff from the sponsor and/or regulatory bodies may also require access to study participants' data in order to carry out audits. All these staff work to robust data security procedures.

### Type of Data to be shared

-All study related data will be stored in hard copy form in an anonymised section of the Case Report Form. This data will also be stored in a secondary anonymised electronic form, on an NHS-secured laptop with two-factor authentication procedure. Paper-based forms will be kept and stored on-site throughout the study.

-Primary anonymised data could be accessed by research team/regulatory authorities for the purpose of auditing and checking the integrity of data.

### When data will be available? for how long?

-both paper-based/electronic Data will be available at RJAH location/servers. However, secondary anonymised data will be reported in the following repositories:

-Keele University (<http://eprints.keele.ac.uk/>)

-RJAH ([https://www.rjah.nhs.uk/Our-Services/For-health-professionals/Health-Library-\(Francis-Costello-Library\)/Using-the-Library/Staff-publications.aspx](https://www.rjah.nhs.uk/Our-Services/For-health-professionals/Health-Library-(Francis-Costello-Library)/Using-the-Library/Staff-publications.aspx))

-Data will be kept for 10 years then will be destroyed by the Data Custodian on-site (ORLAU manager - Dr. Caroline Stewart).

Access criteria/by whom

-Data access will only be granted for one of two purposes: either to re-check the secondary anonymised data integrity, and/or to audit the study by regulatory bodies/research team.

For what type of analysis? by what mechanism

-Analysis will only be carried-out for secondary anonymised data.

-Each outcome measure will be analysed differently, and it is discussed in the Data Analysis section (2.9) in the methodology/protocol of this study. In short, a mixture of parametric/non-parametric statistical tests will be performed.

## IPD sharing plan summary

Stored in repository

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">HRA research summary</a>			28/06/2023	No	No