

# An exploratory randomised trial of brief intervention for alcohol misuse among people who self harm and misuse alcohol: impact on repetition of self harm

<b>Submission date</b> 19/08/2005	<b>Recruitment status</b> No longer recruiting	<input type="checkbox"/> Prospectively registered
<b>Registration date</b> 07/09/2005	<b>Overall study status</b> Completed	<input type="checkbox"/> Protocol
<b>Last Edited</b> 06/01/2011	<b>Condition category</b> Mental and Behavioural Disorders	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
		<input type="checkbox"/> Individual participant data

**Plain English summary of protocol**  
Not provided at time of registration

## Contact information

**Type(s)**  
Scientific

**Contact name**  
Dr Mike Crawford

**Contact details**  
Department of Psychological Medicine  
Claybrook Centre  
37, Claybrook Road  
London  
United Kingdom  
W6 8LN

## Additional identifiers

**Protocol serial number**  
11.01.05

## Study information

**Scientific Title**

**Acronym**

SHARP (Self Harm Alcohol Reduction Programme)

**Study objectives**

Among people who present to emergency hospital services following deliberate self harm and are found to be misusing alcohol, the proportion who repeat self harm over the following six months will be lower among those offered a self-help leaflet and an appointment for brief intervention from an Alcohol Health Worker than among those who receive a self-help leaflet on alcohol and health.

**Ethics approval required**

Old ethics approval format

**Ethics approval(s)**

West London REC 2 on 24/05/2010  
10/H0706/29

**Study design**

Randomised controlled trial

**Primary study design**

Interventional

**Study type(s)**

Treatment

**Health condition(s) or problem(s) studied**

Alcohol misuse

**Interventions**

Experimental treatment: A leaflet on alcohol and health together with an appointment card asking the patient to attend an appointment with an Alcohol Health Worker (AHW). The AHW will provide a single session of assessment, brief counselling based on the FRAMES approach (Bien et al., 1993), and referral on to other services.

Control treatment (CT): A leaflet on alcohol and health

**Intervention Type**

Other

**Phase**

Not Specified

**Primary outcome(s)**

Repetition of deliberate self harm over the following 6 months (as measured by self report together with an examination of hospital records).

**Key secondary outcome(s)**

Level of alcohol consumption, mental health and satisfaction with care at six months

**Completion date**

31/08/2007

## Eligibility

**Key inclusion criteria**

All those aged over 18 years or over, who are found to be misusing alcohol (according to the Paddington Alcohol Test), and have an address in the local area (within the M25).

**Participant type(s)**

Patient

**Healthy volunteers allowed**

No

**Age group**

Adult

**Lower age limit**

18 years

**Sex**

All

**Key exclusion criteria**

All those unwilling to provide informed consent to participate in the trial, all those unable to complete baseline assessment because of an inability to communicate in English, and all those who are already in contact with alcohol misuse services will be excluded from the study.

**Date of first enrolment**

01/09/2005

**Date of final enrolment**

31/08/2007

## Locations

**Countries of recruitment**

United Kingdom

England

**Study participating centre**

Department of Psychological Medicine

London

United Kingdom

W6 8LN

# Sponsor information

## Organisation

Imperial College London (UK)

## ROR

<https://ror.org/041kmwe10>

# Funder(s)

## Funder type

Charity

## Funder Name

St Marys Charitable Trust (AE08)

# Results and Publications

## Individual participant data (IPD) sharing plan

## IPD sharing plan summary

Not provided at time of registration

## Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
<a href="#">Results article</a>	results	01/11/2010		Yes	No