

Community falls prevention for people who call an emergency ambulance after a fall

Submission date 30/09/2009	Recruitment status No longer recruiting	<input type="checkbox"/> Prospectively registered
		<input type="checkbox"/> Protocol
Registration date 29/10/2009	Overall study status Completed	<input type="checkbox"/> Statistical analysis plan
		<input checked="" type="checkbox"/> Results
Last Edited 30/10/2012	Condition category Signs and Symptoms	<input type="checkbox"/> Individual participant data

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Protocol serial number
Version 2

Study information

Scientific Title
A randomised controlled trial to compare falls prevention rehabilitation for people who fall and call an emergency ambulance but who are not transported to hospital

Study objectives

The hypothesis was that falls prevention rehabilitation would reduce the falls rate over 12 months compared to usual practice.

Ethics approval required

Old ethics approval format

Ethics approval(s)

North Nottinghamshire Local Research Ethic Committee and NHS R&D approval from Nottinghamshire Primary Care Trust granted on 19th July 2005 (ref: 05/Q2402/53)

Study design

Randomised two armed controlled trial

Primary study design

Interventional

Study type(s)

Prevention

Health condition(s) or problem(s) studied

Falls prevention

Interventions

Intervention group: Community falls prevention rehabilitation and normal medical and social care

Control group: Normal medical and social care

Patients will be treated for 6 months and followed-up for 12 months.

Intervention Type

Other

Phase

Not Applicable

Primary outcome(s)

Rate of falls over 12 months measured using a falls diary

Key secondary outcome(s)

Measured at 6 and 12 months:

1. Number of falls
2. Independence in activities of daily living
3. Days to first fall
4. Fear of falling
5. Hospital admissions
6. Number of emergency ambulance calls

Completion date

30/11/2006

Eligibility

Key inclusion criteria

1. Aged greater than 60 years, either sex
2. Living at home or in care homes in four Nottinghamshire (UK) Primary Care Trusts (PCT)
3. Contacted the East Midlands Ambulance Service (EMAS) through the emergency telephone system because of a fall
4. Had not been transported to hospital

Participant type(s)

Patient

Healthy volunteers allowed

No

Age group

Senior

Sex

All

Key exclusion criteria

1. Unable to give consent
2. Deemed too ill to participate (e.g. terminally ill)
3. Already in a falls prevention rehabilitation programme

Date of first enrolment

01/09/2005

Date of final enrolment

30/11/2006

Locations

Countries of recruitment

United Kingdom

England

Study participating centre

B99, Division of Rehabilitation and Ageing

Nottingham

United Kingdom

NG7 2UH

Sponsor information

Organisation

University of Nottingham (UK)

ROR

<https://ror.org/01ee9ar58>

Funder(s)**Funder type**

Government

Funder Name

Department of Health (UK)

Funder Name

College of Occupational Therapy (UK)

Results and Publications**Individual participant data (IPD) sharing plan****IPD sharing plan summary**

Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	11/05/2010		Yes	No
Other publications	economic evaluation	01/09/2012		Yes	No