ISRCTN67680497 https://doi.org/10.1186/ISRCTN67680497

The randomised controlled trial to evaluate effectiveness of gargling for the prevention of upper respiratory tract infections

Submission date 26/10/2004	**Recruitment status** No longer recruiting	[_] Prospectively registered [_] Protocol [_] Statistical analysis plan [X] Results [_] Individual participant data
Registration date 03/11/2004	**Overall study status** Completed	
Last Edited 24/08/2009	**Condition category** Respiratory	

Plain English summary of protocol
Not provided at time of registration

Contact information

Type(s)
Scientific

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Additional identifiers

Study information

Scientific Title

Acronym
The Great Cold Study 1

Study objectives
Gargling, especially with gargle medicine, is effective for the prevention of upper respiratory tract infections (URTIs).
The follow-up period is 60 days.

Ethics approval required
Old ethics approval format

Ethics approval(s)
Not provided at time of registration

Primary study design
Interventional

Study design
Randomised open label controlled trial

Study type(s)
Prevention

Health condition(s) or problem(s) studied
Upper respiratory tract infections

Interventions
Gargling with tap water, gargling with diluted povidone-iodine, and usual care

Intervention Type
Other

Phase
Not Specified

Primary outcome(s)
Incidence of upper respiratory track infections (URTI).

Key secondary outcome(s)
Severity of upper respiratory track infections (URTI).

Completion date
30/04/2003

Eligibility

Key inclusion criteria
Healthy volunteers aged 18-65 years

Participant type(s)
Healthy volunteer

Healthy volunteers allowed

No

Age group
Adult

Lower age limit
18 Years

Upper age limit
65 Years

Sex
All

Key exclusion criteria
Not provided at time of registration

Date of first enrolment
01/11/2002

Date of final enrolment
30/04/2003

Locations

Countries of recruitment
Japan

Study participating centre
Yoshida-Honmachi
Kyoto
Japan
606-8501

Sponsor information

Organisation
Kyoto University (Japan)

ROR
https://ror.org/02kpeqv85

Funder(s)

Funder type
Charity

Funder Name
Uehara Memorial Foundation (Japan)

Funder Name
Suzuken Memorial Foundation (Japan)

Results and Publications

Individual participant data (IPD) sharing plan

IPD sharing plan summary
Not provided at time of registration

Study outputs

Output type	Details	Date created	Date added	Peer reviewed?	Patient-facing?
Results article	results	01/11/2005		Yes	No
Results article	results	01/11/2007		Yes	No
Results article	results	16/12/2008		Yes	No